Austin Radiological Association
Interventional Fluoro Procedure
Uterine Fibroid Embolization

Overview

• Evaluate and treat uterine fibroids
• The use of fluoroscopic systems for interventional purposes is restricted to radiologists and individuals to whom a physician has delegated authority pursuant to the Occupations Code, Chapter 601, and the applicable rules of the Texas Medical Board.

Indications

• Uterine fibroids

Examination Time

• 150 minutes

Patient Preparation

• Labs completed in house the day of procedure
• Nothing to eat or drink 4 hours before procedure
• Stop blood thinners 5 days before procedure
• Obtain informed consent
• Question for allergies

Equipment

• Siemens C-arm
• Sterile pack
• Omnipaque 350
• Various size embolization beads
• Various catheters and wires
• Power injector

**Patient Position & Imaging Field**

• Supine

**Acquisition Protocol - Routine Study**

• Radiologist performs fluoroscopy and acquires images

**Data Processing**

• Technologist will send images taken to PACS (Picture Archiving and Communication System).
• Technologist will enter exposure time in the appropriate field of RIS (Radiology Information System).
• Technologist will enter DAP (Dose Area Product) and SEE (Skin Entrance Exposure) into the technologist notes field of the RIS.

**Radiation Exposure levels**

• Recommended operator guidance reference level for this fluoroscopically guided interventional procedure is 90 minutes beam-on time. Threshold reference level is a SEE of 5 Gy (Gray).
• Radiation Exposure levels are monitored through the Austin Radiological Association’s monthly technologist QA process.
• If the reference level is exceeded, further analysis will be performed by the Protocol Committee and appropriate action taken to include possible patient follow-up.

**Protocol Review**

• Not to exceed 14 months.

Reviewed and Revised: September 21, 2023