Epidural Steroid Injection

Overview

- Temporary relief of low back pain and/or leg pain
- The use of fluoroscopic systems for interventional purposes is restricted to Radiologists and individuals to whom a physician has delegated authority pursuant to the Occupations Code, Chapter 601, and the applicable rules of the Texas Medical Board.

Indications

- Low back pain and/or leg pain

Examination Time

- 30 minutes

Patient Preparation

- Stop blood thinners 5 days before procedure
- Obtain informed consent
- Question for allergies

Equipment

- Siemens C-arm

Patient Position & Imaging Field

- Prone

Acquisition Protocol - Routine Study

- Radiologist performs fluoroscopy and acquires images

Data Processing
• Technologist will send images taken to PACS (Picture Archiving and Communication System).

• Technologist will enter exposure time in the appropriate field of RIS (Radiology Information System).

• Technologist will enter DAP (Dose Area Product) and SEE (Skin Entrance Exposure) into the technologist notes field of the RIS.

**Radiation Exposure levels**

• Recommended operator guidance reference level for this fluoroscopically-guided interventional procedure is 90 minutes beam-on time. Threshold reference level is a SEE of 5 Gy (Gray).

• Radiation Exposure levels are monitored through the Austin Radiological Association’s monthly technologist QA process.

• If the reference level is exceeded, further analysis will be performed by the Protocol Committee and appropriate action taken to include possible patient follow-up.

**Protocol Review**

• Not to exceed 14 months.