Insurance Coverage:
- Insurance companies generally do cover this procedure if it is determined to be medically necessary, with the exception of sclerotherapy.
- If you need a referral from your primary care provider for both the consultation and EVLT procedure, the diagnosis is varicose veins with reflux and the medically indicated procedure is Endovenous Laser Therapy.
- If you are physician referred to our clinic and have BCBS (exception ARC physician), Humana (exception ARC physician), First Health, Seton EPN, UHC, and Unicare. Your referring physician must obtain authorization for the procedure required by these insurances. For all self-referred patients, our ARA Midtown staff will obtain authorization for you.
- If you are unsure regarding insurance coverage, and/or need updates on the status of your insurance approval, please call your insurance company. If you have called your insurance company and have further questions regarding your insurance coverage, please feel free to contact our Interventional Clinic staff at 512-467-9729.

Scheduling:
- EVLT procedures are scheduled in the afternoon.
- Each physician schedules his/her procedures on different days, so please let us know which Interventional Radiologist will be treating you when scheduling your procedure date.
- To schedule your procedure, please call 512-467-9729.

Pre-Procedural Preparation:
- The day of your procedure, please do not have anything to eat or drink for 4 hours prior to your scheduled appointment time.
- Please take your usual daily medications with small sips of water.
- Please make arrangements for a family member or friend to drive you home after your procedure, which could take 3-4 hours total.

After The EVLT Procedure:
- You can resume normal activities immediately after your procedure.
- Walking is recommended.
- You will have an uncomfortable pulling sensation and possible moderate bruising after treatment. This is normal and will gradually decrease with time.
- Over-the-counter Ibuprofen/Motrin/Advil or Tylenol is recommended for leg discomfort after the EVLT.
- An Interventional Nurse or Paramedic will provide you with detailed instructions after your procedure.

Stockings:
- Compression stockings and/or ace wraps are to be worn continuously for 24 hours starting immediately following the procedure. After the first day, you may remove your stockings at night to shower and sleep. The stockings are to be worn during waking hours for up to 2 weeks. Ace wraps are to be removed the next day by the Interventional staff; then you will wear the stocking for 2 weeks during the day only. Compression stockings will be available through ARA Midtown Medical Vein Center, the day of your procedure.

Follow-Up:
- The first follow-up appointment is usually 2-3 weeks after your EVLT.
- The second follow-up appointment is then 1-2 months after your EVLT.

Contact Numbers:
- If you need to contact us, please call the Midtown Medical Vein Center at 512-519-3456.
- For further information please visit our website at www.veintexas.com

-March 2019 – March 2020 Reviewed March 18, 2022, Reviewed February 1, 2023