



Fluoroscopy Protocols Epidural Steroid Injections

- **Follow protocols set by each Neuro Radiologist-see Binder at site or on the portal page
- **Assist the Neuro Radiologist with the exam.

Scheduling and Prep: *Patient should be screened ahead of time by the Paramedics

Supplies: *Epidural Tray *Sterile gloves *Sodium Bicarbonate (optional)
*Betadine solution (warmed)*Bupivacaine (.25%) *Methylprednisolone 80mg/ml
*Omni 180 Contrast *Anatomical marker

Room Set Up: *Open sterile tray
*Remove tower drapes
*Have gloves opened and supplies available
*Patient should be prone
*Expose lower back and shave is necessary
*Place an “L” or “R” marker on underside of fluoro tower

Procedure: *Assist Neuro Radiologist with the exam

Spot Images: *Needle placement image- Fluoro Save- Ensure that the anatomical marker is visible

Post Procedure:

- *Patient should remain recumbent unless otherwise instructed by the radiologist
- *Document medications (Steroid, Lidocaine, contrast) injected with Lot #'s and Exp dates in “Exam Notes”
- *Patient must remain at the office for one hour following the puncture time