Pre-Medication Guidelines

In an effort to reduce the amount of time the radiologists have to be interrupted, the following guidelines have been established as Standing Orders for Pre-Medicating patients with contrast or other medication allergies.

The following pre-medication orders and guidelines will apply to all exams including but not limited to HSG, Myelogram, IVP, other fluoro exams, CT, MRI, PET and Nuclear Medicine performed at ARA for patients with contrast/medication allergies who will be receiving contrast/medication. When a patient has an allergy to contrast or any medication that may be related to an exam is scheduled, the scheduler will make a task for the site nurse or paramedic to follow-up on. The nurse or paramedic will review this information.

See Pre-Medication Form for medications.

1. **Verify** the patient’s scheduled exam requires contrast/medication. (Consult with radiologist/tech)
2. If a patient has had a reaction to contrast, the patient will be pre-medicated unless there is any contraindication to not pre-medicate. If any contraindication exists, contact radiologist.
3. If the patient has multiple and severe chemical allergies with a history of acute manifestations, the patient will be pre-medicated.
4. For patients who possibly may have experienced a true, acute respiratory distress event, the radiologist will be consulted. **Verify this event.**
5. For patients who will be pre-medicated by their referring physician, contact the referring physician and fax a copy of recommended ARA pre-medication orders. Document this information about referring physician orders on this form and in MI.
6. Anything that is not an ordinary reaction, a radiologist will be consulted. The nurse or paramedic must obtain a thorough history about the patient and the allergic reaction prior to consulting with the radiologist.
7. Any alteration in the Standing Order Medications, the ordering radiologist name will be documented on the Pre-Medication Order Form.
8. All information on a patient’s pre-medication will be documented on the Pre-Med Form and in MI. This includes, but is not limited to: history of allergy to contrast / medications, including the medications used for pre-med and if it is ordered by a radiologist or referring physician.
9. The Technologist will be informed of any patient pre-medicated for an exam.

Note: If Standing Orders are initiated, they are under Dr. John Kish M.D. If another physician is consulted and medication orders are prescribed other than the medications listed on the ARA Pre-Medication Standing Order Form, that physicians name will be used as the ordering physician. If there are questions, contact a Lead Medic/RN.

If a patient meets the required guidelines, initiate the Pre-Medication Standing Orders:

\[\text{Signature:}\]

Dr. John Kish, M.D. ARA Chief Medical Officer

\[\text{Date:}\] 8/2/18

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