

Austin Radiological Association

# CT Body Protocols

Questions?

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*\*Protocol designed to minimize the amount of radiation while maximizing the yield and produce diagnostically acceptable image quality*

## Oral Contrast Guidelines

\* Oral prep type, volume, and time will be determined by the diagnosis that is presented

### Water Oral Prep

- 2 cups (~16 oz total ) water will be administered to the patient just prior to scanning

### Positive Oral Prep

- Volume and type determined by presented diagnosis or referral request:
- **Omnipaque**
  - Must be diluted prior to administration
  - Distribute 25 ml of Omnipaque in 16 oz water or non carbonated beverage x 2 cups for a total dose of 50 ml in 32 oz.
  - Patient drinks 1 ½ cups at the time specified by the CT Technologist ½ cup at table time (Dependent on the type of study performed) ½ cup at table time to distend stomach
- **Gastrografin**
  - Must be diluted prior to administration
  - Distribute 10 ml of gastrografin in 16 oz water or non carbonated beverage x 2 cups for a total dose of 20 ml in 32 oz
  - Patient drinks 1 ½ cups at the time specified by the CT Technologist ½ cup at table time (Dependent on the type of study performed) ½ cup at table time to distend stomach
- **Barium Sulfate**
  - Does not need to be diluted prior to administration
  - For CT Abdomen Pelvis the patient will drink a total of 1 ½ bottles broken into three doses: 1<sup>st</sup> dose at 1 ½ hours prior to exam, 2<sup>nd</sup> dose at 45 minutes prior, 3<sup>rd</sup> dose at exam table time
  - For CT of the Abdomen only the patient will drink one bottle broken into two doses: 1<sup>st</sup> dose at 30 minutes prior to exam, 2<sup>nd</sup> dose at exam table time

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## Rectal Contrast Guidelines

\* Administered at the request of a radiologist or referring physician based on the diagnosis that is presented

- **Omnipaque**
  - Must be diluted when used for rectal administration
  - Distribute 100 ml Omnipaque into an enema bag filled with 1000 ml water
- **Gastrografin**
  - Must be diluted when used for rectal administration
  - Distribute 20 ml Gastrografin into an enema bag filled with 1000 ml water
- **Barium Sulfate**
  - Does not need to be diluted when used for rectal administration

### CT Requests for Rectal contrast for rectum only evaluation or resection evaluation

\*Only performed as requested: request may ask for a **RED RUBBER CATHETER**

#### Exam Setup:

- Utilize a 24 French Foley catheter or red rubber catheter and an enema kit that does not have a tip on the end (if unavailable, cut existing tip from conventional enema kit)
- Attach enema tubing and the Foley so that they are snug and secure with tape to ensure no liquid will leak from the connection
- \*\*If diagnosis/history indicates possibility of contrast leakage of the bowel (including but not limited to possible/known fistula, perforation, postsurgical evaluation) we should obtain a set of pre-contrast images for comparison

#### Patient Preparation:

- with the patient in the Sims position, place the lubricated enema tip into the rectum
- **DO NOT INFLATE THE BALLOON**
- Wrap tape around the tube and to tape to patient's skin to help support placement
- Tape the patient's cheeks together to help prevent the tube from slipping out.
- Fill the patient with contrast prior to imaging and drain after scanning as normal.

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## Patient Positioning

- Both arms should be raised above the head for optimal image quality
- If the patient cannot raise one arm, one arm down is preferred to both arms down and this information should be documented in tech notes for the radiologist
- If both arms are unable to be raised, this information should be documented in tech notes for the radiologist

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## IV Contrast

\*IV Contrast at the discretion of the Radiologist

- Imaging of the Chest only will use 50 ml of 350 mg/dl non-ionic contrast at 3ml/sec
- All other body protocols will adhere to the following:
  - 50-150 ml of 350 mg iodine/ml non-ionic contrast @ 2 ml/sec, not to exceed a total volume of 150cc for a single **date of service**

Catheter	Injection Rate	PSI
<b>BD Nexiva Diffusics</b>		
24g	Less than or equal to 2cc/sec	325
22g	Less than 4cc/sec	325
20g	Greater than 4cc/sec	325
<b>B Braun Safety Introcan</b>		
24g	HAND INJECTION ONLY	
22g	Less than or equal to 2cc/sec	300
20g	Less than or equal to 4cc/sec	300
18g	Less than or equal to 6cc/sec	300
<b>B Braun Safety 3 Introcan</b>		
24g	Less than or equal to 2.5cc/sec	325
22g	Less than or equal to 3.5cc/sec	325
20g	Less than or equal to 4cc/sec	325
18g	Less than or equal to 5cc/sec	325

Patient's weight in lbs.	Volume of Contrast
1-50	1cc/lb.
51-100	50cc
101-210	75cc
211-300	100cc
301-400	125cc
>401	150cc

• When performing Soft Tissue Neck imaging in addition to another body region, contrast volume will be split into two doses, not to exceed 150cc for both exams, even if they exceed 210 LBS. May consult Radiologist or Lead for questions

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### **Pre-Imaging of the Kidneys and Delayed imaging of the Kidneys, Ureters and Bladder for:**

- H/O UTI's, Hydronephrosis, and/or Pyelonephritis, Transitional Cell Cancer

### **Consult [Hematuria Protocol](#) for the following:**

- Hematuria

### **Consult [Multi-Phase Protocol](#) for the following:**

- Renal mass/cyst
- Cirrhosis, Hepatitis, Liver mass/cyst , Elevated LFT's,
- Pancreatitis, Pancreatic Mass/Cyst
- Adrenal Mass/Cyst, Elevated Hormone Levels- Attn: Adrenals
- NEW diagnosis of Pancreatic, Renal and Transitional Cell Cancer

### **Delayed imaging of the Kidneys, Ureters and Bladder:**

- H/O Bladder CA
- H/O Trauma, MVA
- All Emergency Room and Hospital Inpatients

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CTDI: ≤ 25 mGy per acquisition

**\*\*If a Diagnosis of Acute or Generalized pain is given, please contact referring to request CT Pelvis \*\***

Used for routine abdomen evaluation

See [Abdominal CT General Guidelines](#) for additional information

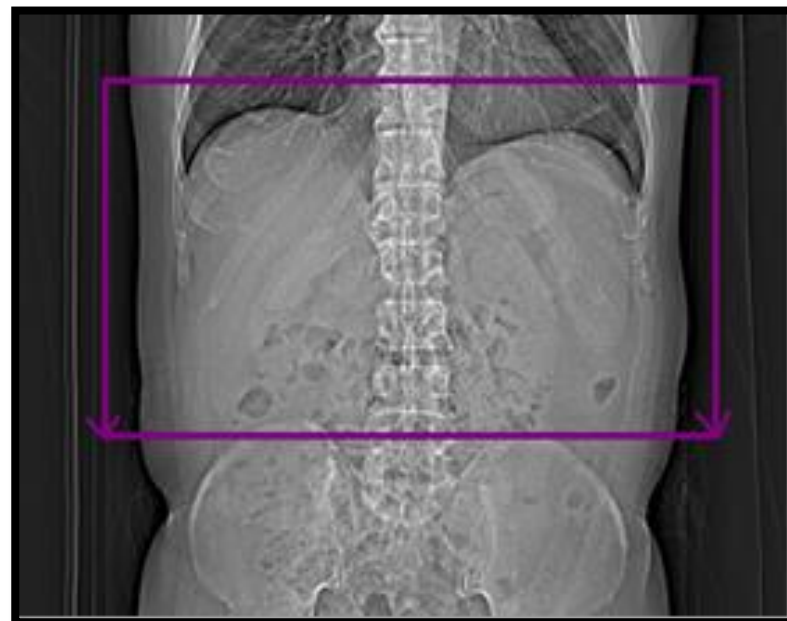
See [Oral Contrast Guidelines](#) and [Patient Positioning](#) for additional information

Setup: Supine, PA Scout from above the diaphragm through the through the SI Joints

DFOV: Appropriate for patient's body habitus (Use same DFOV as prior exam when available)

### Scan Parameters:

- Pre-Contrast (if performed)
  - Scan from above the area of concern through the area of concern
- Portal Venous Phase ([IV Contrast Dose Chart](#))
  - 60 second scan delay from start of injection of contrast @ 2ml/sec
  - Scan from above the diaphragm through the top of the crest
- Delayed Imaging (if performed)
  - 8 minute delay
  - Scan from above the area of concern through the area of concern



### PACS series in order as performed:

- Topogram
- 5x5 Axial Non Contrast (if performed)
- 5x5 Axial Portal Venous
- 5x5 Axial Bone (if needed for Trauma/MVA)
- 5x5 Coronal Portal Venous
- 5x5 Sagittal Portal Venous
- 5x5 Axial Delay (if performed)
- Dose report and/or Patient Protocol Page

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## ABDOMEN SCAN PROTOCOL

Scanner	Perspective	Definition AS 40	Definition AS 64		Scanner	Optima 660	
Scan Type	spiral	spiral	spiral		Scan Type	spiral	
Detector Configuration	32 x 1.2	32 x 1.2	16 x 1.2		Detector Coverage (mm)	40	
Rotation Time (sec)	0.6	0.6	0.5		Rotation Time (sec)	0.8	
Pitch	0.6	1	1		Pitch	0.984:1	
Scan FOV	Large	Large	Large		Speed (mm/rot)	39.37	
CareDose4D	On	On	On		Scan FOV	Large Body	
Quality ref mAs	90	100	100		Auto mA range	100-500	
kVp	110				kVp	120	
ref kVp		120	120		Smart mA	On	
Optimize Slider position		3 w/o contrast	3 w/o contrast		Noise Index	15	
Optimize Slider position		7 w/ contrast	7 w/ contrast		ASIR	50%	
<b>Recon 1 ST Axial</b>					<b>Recon 1 ST Axial</b>		
Kernel	I41s Medium +	I41f Medium +	I41f Medium +		Algorithm	Standard	
Window	Abdomen	Abdomen	Abdomen		Window Width/ Level	450/ 35	
SAFIRE/ADMIRE	2	2	2		Slice Thickness (mm)	5	
Slice Thickness (mm)	5	5	5		Slice Increment (mm)	5	
Slice Increment (mm)	5	5	5		Type	Full	
					ASIR	None	
<b>Coronal/ Sagittal</b>							
Kernel	I41s Medium +	I41f Medium +	I41f Medium +		<b>Recon 2 Reformats</b>		
Window	Abdomen	Abdomen	Abdomen		Algorithm	Standard	
SAFIRE/ADMIRE	2	2	2		Window Width/ Level	450/ 35	
Slice Thickness (mm)	5	5	5		Slice Thickness (mm)	2.5	
Slice Increment (mm)	5	5	5		Slice Increment (mm)	1.25	
					Type	Full	
					ASIR	SS50	

## PELVIS - Revised-8/24/2018

CTDI:  $\leq 25$  mGy per acquisition

Used for routine pelvis evaluation

Setup: Scout from above the iliac crests through the symphysis pubis

DFOV: Appropriate for patient's body habitus (Use same DFOV as prior exam when available)

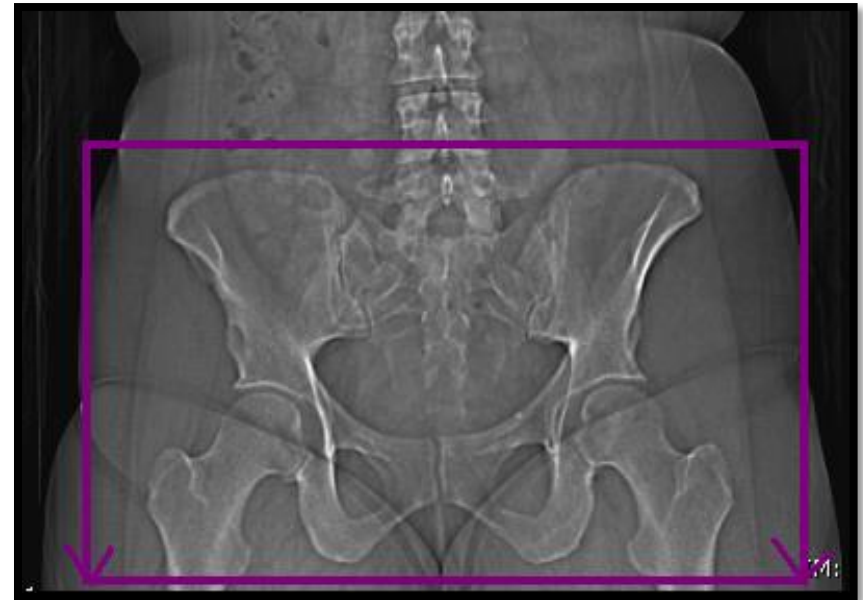
See [Patient Positioning](#) for additional information

### Scan Parameters: [\(IV Contrast Dose Chart\)](#)

- 70 second scan delay from start of injection of contrast @ 2ml/sec
- Scan from above the iliac crests through the symphysis pubis

### PACS Series in order as performed:

- Topogram
- 5x5 Axial ST
- 5x5 Axial Bone (if needed for Trauma/MVA)
- 5x5 Coronal ST
- 5x5 Sagittal ST
- Dose report and/or Patient Protocol Page



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CTDI:  $\leq 25$  mGy per acquisition

Used for routine abdomen pelvis evaluation

See [Abdominal CT General Guidelines](#) for additional information

See [Oral Contrast Guidelines](#) and [Patient Positioning](#) for additional information

Setup: Scout from above the diaphragm through the lesser trochanters

DFOV: Appropriate for patient's body habitus (Use same DFOV as prior exam when available)

### Scan Parameters:

- Pre-Contrast (if performed)
  - Scan from above the area of concern through the area of concern
- Portal Venous Phase ([IV Contrast Dose Chart](#))
  - 60 second scan delay from start of injection of contrast @ 2ml/sec
  - Scan from above the diaphragm through the lesser trochanters
- Delayed Imaging (if performed)
  - 8 minute delay
  - Scan from above the area of concern through the area of concern

### PACS series in order as performed:

- Topogram
- 5x5 Axial Non Contrast (if performed)
- 5x5 Axial Portal Venous
- 5x5 Bone Axial (if needed for Trauma/MVA)
- 5x5 Coronal Portal Venous
- 5x5 Sagittal Portal Venous
- 5x5 Axial Delay (if performed)
- Dose report and/or Patient Protocol Page



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CTDI:  $\leq 25$  mGy per acquisition

See [Oral Contrast Guidelines](#) and [Patient Positioning](#) for additional information

Setup: Scout from above the diaphragm through the through the SI Joints

DFOV: Appropriate for patient's body habitus (Use same DFOV as prior exam when available)

### Possible Indications

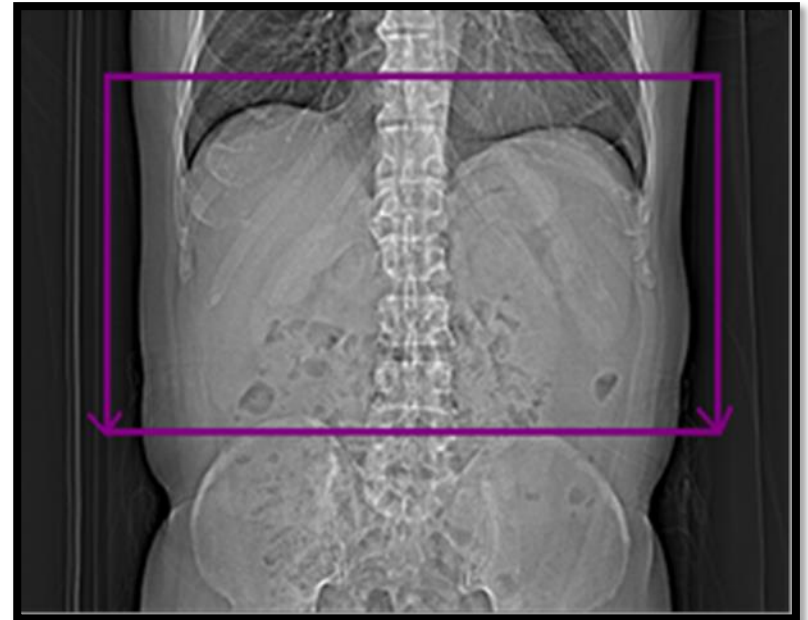
- Adrenal Mass, Adrenal Cyst, Abnormal/ Elevated Hormone Levels, Request for attention to adrenals

### Scan Parameters:

- Pre-Contrast
  - Above to Below Adrenals
- Portal Venous ([IV Contrast Dose Chart](#))
  - 60 second scan delay from start of injection of contrast @ 2ml/sec
  - Above the Diaphragm thru Aortic Bifurcation
- Delayed Imaging
  - 10 minutes ~
  - Above to Below the Adrenals

### PACS Series in order as performed:

- Topogram
- 1x1 Non Contrast Axial
- 1x1 Venous Axial
- 1x1 Venous Coronal
- 1x1 Venous Sagittal
- 1x1 Delay Axial
- Dose report and/or Patient Protocol Page



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CTDI: ≤ 25 mGy per acquisition

See [Oral Contrast Guidelines](#) and [Patient Positioning](#) for additional information

**Setup:** Scout from above the diaphragm through the through the SI Joints

**DFOV:** Appropriate for patient's body habitus (Use same DFOV as prior exam when available)

**Possible Indications:**

- **Renal protocol for:** Renal Mass/Cyst, **NEW** diagnosis of Renal and Transitional Cell Cancer
- **Liver/pancreatic protocol for:** Cirrhosis, Hepatitis, Liver Mass/Cyst, Elevated LFT's Pancreatitis, Pancreatic Mass/Cyst, **NEW** diagnosis of Pancreatic Cancer

**Contrast:**

- 50-150ml of 350mg iodine/ml non-ionic IV contrast at the discretion of the Radiologist, not to exceed a total volume of 150cc for a single exam @ 4mL/sec

**Scan Parameters: Scan from above to below the anatomy of interest**

**Renal protocol as follows:**

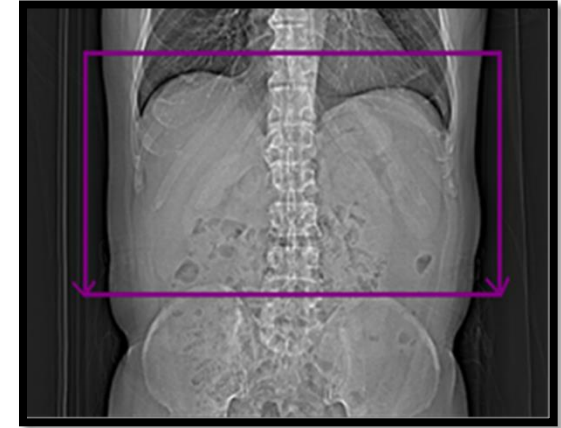
- Non-Contrast
- Arterial Phase
  - Bolus Tracking in Descending Aorta at a level just above diaphragm
  - Monitoring Delay of 4 seconds
  - Scan begins with a trigger of 100 HU with a 10 second delay
- Portal Venous- Above Diaphragm thru Aortic Bifurcation **(Include Chest and/or Pelvis as requested)**
  - Scan begins 25 seconds after arterial acquisition
- Delayed Imaging
  - 10 minute delay

**Liver/pancreatic protocol as follows:**

- Non-Contrast
- Arterial Phase
  - Bolus Tracking set at level of L1
  - Monitoring Delay of 15 seconds
  - Scan begins with a trigger of 150 HU with a 15 second delay
- Portal Venous- Above Diaphragm thru Aortic Bifurcation **(Include Chest and/or Pelvis as requested)**
  - Scan begins 20 seconds after arterial acquisition
- Delayed Imaging **(Not needed for pancreatic evaluation)**
  - 5 minute delay

**PACS Series in order as performed:**

- Topogram
  - 3x3 Non-Contrast Axial
  - 3x3 Arterial Axial/Coronal/Sagittal
  - 3x3 Venous Axial/Coronal/Sagittal
  - 3x3 Delay Axial
- Dose report and/or Patient Protocol Page



Patient's weight in lbs.	Volume of Contrast
1-50	1cc/lb.
51-100	50cc
101-210	75cc
211-300	100cc
301-400	125cc
>401	150cc

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## MULTIPHASE SCAN PROTOCOL

Scanner	Perspective	Definition AS 40	Definition AS 64		Scanner	Optima 660
Scan Type	Spiral	Spiral	Spiral		Scan Type	Spiral
Detector Configuration	32 x 1.2	32 x 1.2	16 x 1.2		Detector Coverage (mm)	40
Rotation Time (sec)	0.6	0.6	0.5		Rotation Time (sec)	0.8
Pitch	0.6	1	1		Pitch	0.984:1
Scan FOV	Large	Large	Large		Speed (mm/rot)	39.37
CareDose4D	On	On	On		Scan FOV	Large Body
Quality ref mAs	100	100	100		Auto mA range	100-500
kVp	110				kVp	120
ref kVp		120	120		Smart mA	On
Optimize Slider position		3 w/o contrast	3 w/o contrast		Noise Index	15
Optimize Slider position		7 w/ contrast	7 w/ contrast		ASIR	50%
<b>Recon 1 ST Axials</b>					<b>Recon 1 ST Axials</b>	
Kernel	I41s Medium +	I41f Medium +	I41f Medium		Algorithm	Standard
Window	Abdomen	Abdomen	Abdomen		Window Width/ Level	450/ 35
SAFIRE/ADMIRE	2	2	2		Slice Thickness (mm)	2.5
Slice Thickness (mm)	3	3	3		Slice Increment (mm)	2.5
Slice Increment (mm)	3	3	3		Type	Full
					ASIR	None
<b>Coronal/ Sagittal</b>						
Kernel	I41s Medium +	I41f Medium +	I41f Medium		<b>Recon 2 Reformats</b>	
Window	Abdomen	Abdomen	Abdomen		Algorithm	Standard
SAFIRE/ADMIRE	2	2	2		Window Width/ Level	450/ 35
Slice Thickness (mm)	3	3	3		Slice Thickness (mm)	2.5
Slice Increment (mm)	3	3	3		Slice Increment (mm)	1.25
					Type	Full
					ASIR	SS50

CTDI:  $\leq 10\text{mGy}$  per acquisition

See [Oral Contrast Guidelines](#) and [Patient Positioning](#) for additional information

Setup: Scout from above the diaphragm through the lesser trochanters

DFOV: Appropriate for patient's body habitus (Use same DFOV as prior exam when available)

### Scan Parameters:

- Non-contrast images from above the diaphragm through the lesser trochanters

### PACS series in order as performed:

- Topogram
- 3x3 Axial
- 3x3 Coronal
- 3x3 Sagittal
- Dose report and/or Patient Protocol Page



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## RENAL CALCULI SCAN PROTOCOL

Scanner	Perspective	Definition AS 40	Definition AS 64	Scanner	Optima 660
Scan Type	spiral	spiral	spiral	Scan Type	Helical
Detector Configuration	32 x 1.2	32 x 1.2	16 x 1.2	Detector Coverage (mm)	40
Rotation Time (sec)	0.6	0.5	0.5	Rotation Time (sec)	0.5
Pitch	1.1	1.1	1.1	Pitch	1.375:1
Scan FOV	Large	Large	Large	Speed (mm/rot)	55
CareDose4D	On	On	On	Scan FOV	Large Body
Quality ref mAs	75	90	90	Auto mA range	100-350
kVp	110			kVp	120
ref kVp		100	100	Smart mA	On
Optimize Slider position		3	3	Noise Index	18
				ASIR	70%
<b>Recon 1 ST Axials</b>					
Kernel	I30s Medium	I30f Medium	I30f Med Smooth	<b>Recon 1 ST Axials</b>	
Window	Abdomen	Abdomen	Abdomen	Algorithm	Standard
SAFIRE/ADMIRE	2	2	3	Window Width/ Level	450/ 35
Slice Thickness (mm)	3	3	3	Slice Thickness (mm)	2.5
Slice Increment (mm)	3	3	3	Slice Increment (mm)	2.5
				Type	Full
				ASIR	None
<b>Coronal/ Sagittal</b>					
Kernel	I30s Medium	I30f Medium	I30f Medium	<b>Recon 2 Reformats</b>	
Window	Abdomen	Abdomen	Abdomen	Algorithm	Soft
SAFIRE/ADMIRE	2	2	3	Window Width/ Level	450/ 35
Slice Thickness (mm)	3	3	3	Slice Thickness (mm)	1.25
Slice Increment (mm)	3	3	3	Slice Increment (mm)	0.625
				Type	Full
				ASIR	SS70

*\*Protocol designed to minimize the amount of radiation while maximizing the yield and produce diagnostically acceptable image quality*

CTDI:  $\leq 25$  mGy per acquisition

Prep: PT to have 32 oz water over 30 minutes prior to scanning

See [Patient Positioning](#) for additional information

**Setup:**

- The patient should be asked to empty their urinary bladder prior to scanning.
- Scout from above the diaphragm through the lesser trochanters
- Unless otherwise contraindicated, the patient will receive 10mg of furosemide 3 minutes prior to injecting IV contrast

DFOV: Appropriate for patient's body habitus (Use same DFOV as prior exam when available)

**Scan Parameters:**

- Pre-Contrast
  - Scan from above the kidneys through the lesser trochanters
- Portal Venous Phase
  - IV contrast at the discretion of Radiologist
    - a. 100ml of 350mg iodine/ml non ionic contrast
  - 100 second scan delay from start of injection of contrast @ 2ml/sec
  - Scan from above the diaphragm through the kidneys
- Delayed Imaging
  - 12 minute delay
  - Scan from above the kidneys through the lesser trochanters

**PACS series in order as performed:**

Topogram

- 3x3 Non-contrast Axial
- 3x3 Venous Axial
- 3x3 Venous Coronal MPR
- 3x3 Delay Axial
- 3x3 Delay Coronal MPR
- 3x3 Delay Sagittal MPR
- 10x3 Delay Coronal MIP
- Dose report and/or Patient Protocol Page



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## HEMATURIA SCAN PROTOCOL

<b>Scanner</b>	<b>Perspective</b>	<b>Definition AS 40</b>	<b>Definition AS 64</b>		<b>Scanner</b>	<b>Optima 660</b>
Scan Type	spiral	spiral	spiral		Scan Type	Helical
Detector Configuration	32 x 1.2	32 x 1.2	16 x 1.2		Detector Coverage (mm)	40
Rotation Time (sec)	0.6	0.5	0.5		Rotation Time (sec)	0.8
Pitch	0.6	1	1		Pitch	0.984:1
Scan FOV	Large	Large	Large		Speed (mm/rot)	39.37
CareDose4D	On	On	On		Scan FOV	Large Body
Quality ref mAs	90	100	100		Auto mA range	100-500
kVp	110				kVp	120
ref kVp		120	120		Smart mA	On
Optimize Slider position		3 w/o contrast	3 w/o contrast		Noise Index	15
Optimize Slider position		7 w/ contrast	7 w/ contrast		ASIR	50%
<b>ST Axials</b>					<b>Recon Noncon/ABD C</b>	
Kernel	I41s Medium +	I41f Medium +	I41f Medium +		Algorithm	Standard
Window	Abdomen	Abdomen	Abdomen		Window Width/ Level	450/ 35
SAFIRE/ADMIRE	2	2	2		Slice Thickness (mm)	2.5
Slice Thickness (mm)	3	3	3		Slice Increment (mm)	2.5
Slice Increment (mm)	3	3	3		Type	Full
					ASIR	None
<b>Coronal/ Sagittal MPR</b>					<b>Recon 2 Reformats</b>	
Kernel	I41s Medium +	I41f Medium +	I41f Medium +		Algorithm	Standard
Window	Abdomen	Abdomen	Abdomen		Window Width/ Level	450/ 35
SAFIRE/ADMIRE	2	2	2		Slice Thickness (mm)	1.25
Slice Thickness (mm)	3	3	3		Slice Increment (mm)	0.625
Slice Increment (mm)	3	3	3		Type	Full
					ASIR	SS50
<b>Delay Coronal MIP</b>						
Kernel	I41s Medium +	I41f Medium +	I41f Medium +			
Window	Abdomen	Abdomen	Abdomen			
SAFIRE/ADMIRE	2	2	2			
Slice Thickness (mm)	10	10	10			
Slice Increment (mm)	3	3	3			

CTDI:  $\leq 25$  mGy per acquisition

Used for routine chest evaluation

See [Patient Positioning](#) for additional information

Setup: Scout from above apices to mid L1

DFOV: Appropriate for patient's body habitus (Use same DFOV as prior exam when available)

**Scan Parameters:** [\(IV Contrast Dose Chart\)](#)

- Imaging of the Chest only will use 50 ml of 350 mg/dl
- 17 second scan delay from start of injection of contrast @ 3ml/sec
- Scan from above the apices to the mid body of L1

**PACS Series in order as performed:**

- Topogram
- 5x5 Axial ST
- 5x5 Axial Bone (if needed for Trauma/MVA)
- 5x5 Axial Lung
- 10x7 Axial Lung MIP
- 5x5 Coronal ST
- 5x5 Sagittal ST
- Dose report and/or Patient Protocol Page



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## CHEST SCAN PROTOCOL

Scanner	Perspective	Definition AS 40	Definition AS 64	Scanner	Optima 660
Scan Type	spiral	spiral	spiral	Scan Type	spiral
Detector Configuration	32 x 0.6	40 x 0.6	64 x 0.6	Detector Coverage (mm)	40
Rotation Time (sec)	0.6	0.6	0.5	Rotation Time (sec)	0.8
Pitch	0.6	1	1	Pitch	0.984:1
Scan FOV	Large	Large	Large	Speed (mm/rot)	39.37
CareDose4D	On	On	On	Scan FOV	Large Body
Quality ref mAs	50	50	50	Auto mA range	100-350
kVp	110			kVp	120
ref kVp		120	120	Smart mA	On
Optimize Slider position		3 w/o contrast	3 w/o contrast	Noise Index	20
Optimize Slider position		7 w/ contrast	7 w/ contrast	ASIR	30%
<b>ST Axials/Cor/Sag</b>					
Kernel	I41s Medium +	I41f Medium +	I41f Medium	<b>Recon 1 ST Axials</b>	
Window	Mediastinum	Mediastinum	Mediastinum	Algorithm	Standard
SAFIRE/ADMIRE	2	2	2	Window Width/ Level	450/35
Slice Thickness (mm)	5	5	5	Slice Thickness (mm)	5
Slice Increment (mm)	5	5	5	Slice Increment (mm)	5
<b>Lung</b>					
Kernel	I80s Very Sharp	I70f Medium	B70f Very Sharp	Type	Full
Window	Lung	Lung	Lung	ASIR	None
SAFIRE/ADMIRE	0	2	0	<b>Recon 2 Lung</b>	
Slice Thickness (mm)	5	5	5	Algorithm	Lung
Slice Increment (mm)	5	5	5	Window Width/ Level	2000/ -600
<b>Lung MIP</b>					
Kernel	I31s Med Smooth	I31s Med Smooth	I30f Med Smooth	Slice Thickness (mm)	5
Window	Lung	Lung	Lung	Slice Increment (mm)	5
SAFIRE/ADMIRE	2	2	2	Type	Full
Slice Thickness (mm)	10	10	10	ASIR	SS10
Slice Increment (mm)	7	7	7	<b>Recon 3 Reformat</b>	
<b>Reformat</b>					
Kernel	I31s Med Smooth	I31s Med Smooth	I30f Med Smooth	Algorithm	Standard
Window	Mediastinum	Mediastinum	Mediastinum	Window Width/ Level	450/40
SAFIRE/ADMIRE	2	2	2	Slice Thickness (mm)	1.25
Slice Thickness (mm)	1	1	1	Slice Increment (mm)	0.625
Slice Increment (mm)	0.5	0.5	0.5	Type	Full
				ASIR	SS50

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CTDI:  $\leq 25$  mGy per acquisition

Used for routine chest/abdomen evaluation

See [Patient Positioning](#) for additional information

Setup: Scout from above apices through the SI joints

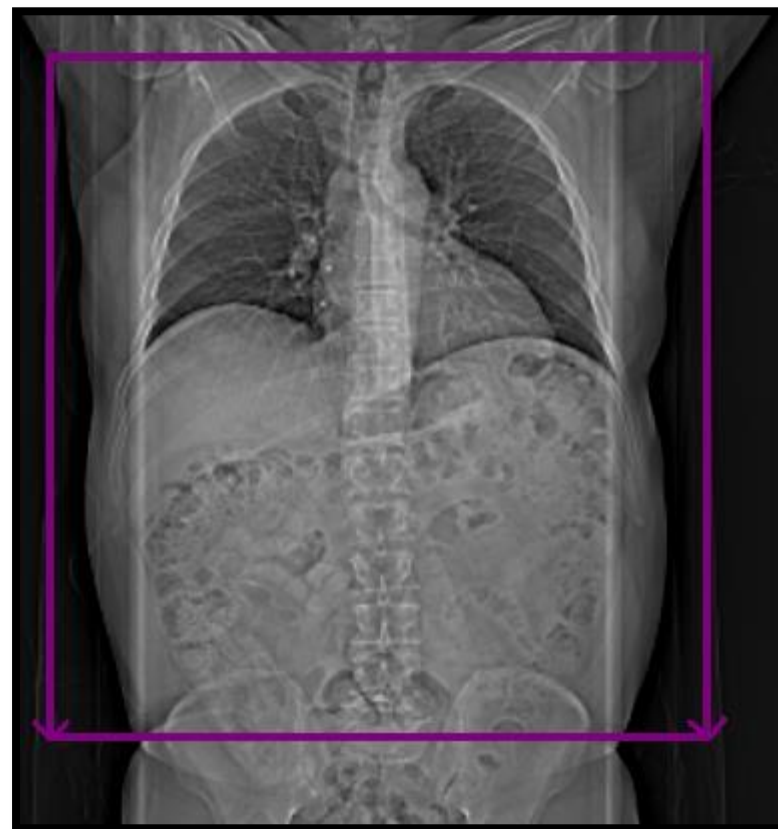
DFOV: Appropriate for patient's body habitus (Use same DFOV as prior exam when available)

### Scan Parameters:

- Pre-Contrast (*if performed*)
  - Scan from above the area of concern through the area of concern
- Portal Venous Phase ([IV Contrast Dose Chart](#))
  - 60 second scan delay from start of injection of contrast @ 2ml/sec
  - Scan from above the apices to the iliac crest (to include entire liver)
- Delayed Imaging (*if performed*)
  - 8 minute delay
  - Scan from above the area of concern through the area of concern

### PACS series in order as performed:

- Topogram
- 5x5 Axial Non Contrast (if performed)
- 5x5 Axial Portal Venous
- 5X5 Axial Lung
- 5x5 Bone Axial (if needed for Trauma/MVA)
- 5x5 Coronal Portal Venous
- 5x5 Sagittal Portal Venous
- 5x5 Axial Delay (if performed)
- Dose report and/or Patient Protocol Page



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## CHEST ABDOMEN SCAN PROTOCOL

Scanner	Perspective	Definition AS 40	Definition AS 64		Scanner	Optima 660
Scan Type	spiral	spiral	spiral		Scan Type	spiral
Detector Configuration	32 x 1.2	32 x 1.2	16 x 1.2		Detector Coverage (mm)	40
Rotation Time (sec)	0.6	0.5	0.5		Rotation Time (sec)	0.8
Pitch	0.6	1	1		Pitch	0.984:1
Scan FOV	Large	Large	Large		Speed (mm/rot)	39.37
CareDose4D	On	On	On		Scan FOV	Large Body
Quality ref mAs	90	100	100		Auto mA range	100-500
kVp	110				kVp	120
ref kVp		120	120		Smart mA	On
Optimize Slider position		3 w/o contrast	3 w/o contrast		Noise Index	15
Optimize Slider position		7 w/ contrast	7 w/ contrast		ASIR	50%
<b>ST Axials/Cor/Sag</b>						
Kernel	I41s Medium +	I41f Medium +	I41f Medium		<b>Recon 1 ST Axials</b>	
Window	Abdomen	Abdomen	Abdomen		Algorithm	Standard
SAFIRE/ADMIRE	2	2	1		Window Width/ Level	450/ 35
Slice Thickness (mm)	5	5	5		Slice Thickness (mm)	5
Slice Increment (mm)	5	5	5		Slice Increment (mm)	5
<b>Lung</b>					Type	Full
Kernel	I80s Very Sharp	I70f Medium	B70f Very Sharp		ASIR	None
Window	Lung	Lung	Lung			
SAFIRE/ADMIRE	0	2	0		<b>Recon 2 Lung</b>	
Slice Thickness (mm)	5	5	5		Algorithm	Lung
Slice Increment (mm)	5	5	5		Window Width/ Level	2000/-600
<b>Lung MIP</b>					Slice Thickness (mm)	5
Kernel	I31s Med Smooth	I31s Med Smooth	I30f Med Smooth		Slice Increment (mm)	5
Window	Lung	Lung	Lung		Type	Full
SAFIRE/ADMIRE	2	2	2		ASIR	SS10
Slice Thickness (mm)	10	10	10			
Slice Increment (mm)	7	7	7		<b>Recon 3 Reformats</b>	
<b>Reformat lung</b>					Algorithm	Standard
Kernel	I31s Med Smooth	I31s Med Smooth	I41s Medium		Window Width/ Level	450/ 35
Window	Mediastinum	Mediastinum	Abdomen		Slice Thickness (mm)	1.25
SAFIRE/ADMIRE	2	2	2		Slice Increment (mm)	0.625
Slice Thickness (mm)	1	1	1.5		Type	Full
Slice Increment (mm)	0.5	0.5	0.75		ASIR	None

CTDI:  $\leq 25$  mGy per acquisition

Used for routine chest/abdomen/pelvis evaluation

See [Oral Contrast Guidelines](#) and [Patient Positioning](#) for additional information

- Setup: Scout from above apices through the lesser trochanters

DFOV: Appropriate for patient's body habitus (Use same DFOV as prior exam when available)

### Scan Parameters:

- Pre-Contrast (if performed)
  - Scan from above the area of concern through the area of concern
- Portal Venous Phase ([IV Contrast Dose Chart](#))
  - 60 second scan delay from start of injection of contrast @ 2ml/sec
  - Scan from above the apices through the lesser trochanters
- Delayed Imaging (if performed)
  - 8 minute delay
  - Scan from above the area of concern through the area of concern

### PACS series in order as performed:

- Topogram
- 5x5 Axial Non Contrast (if performed)
- 5x5 Axial Portal Venous
- 5X5 Axial Lung
- 5x5 Bone Axial (if needed for Trauma/MVA)
- 5x5 Coronal Portal Venous
- 5x5 Sagittal Portal Venous
- 5x5 Axial Delay (if performed)
- Dose report and/or Patient Protocol Page



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## CHEST ABDOMEN PELVIS SCAN PROTOCOL

Kernel	I41s Medium +	I41f Medium +	I41f Medium		<b>Recon 1 ST Axials</b>	
Window	Abdomen	Abdomen	Abdomen		Algorithm	Standard
SAFIRE/ADMIRE	2	2	2		Window Width/ Level	450/ 35
Slice Thickness (mm)	5	5	5		Slice Thickness (mm)	5
Slice Increment (mm)	5	5	5		Slice Increment (mm)	5
<b>Lung</b>					Type	Full
Kernel	I80s Very Sharp	I70f Medium	B70f Very Sharp		ASIR	None
Window	Lung	Lung	Lung			
SAFIRE/ADMIRE	0	2	0		<b>Recon 2 Lung</b>	
Slice Thickness (mm)	5	5	5		Algorithm	Lung
Slice Increment (mm)	5	5	5		Window Width/ Level	2000/-600
<b>Lung MIP</b>					Slice Thickness (mm)	5
Kernel	I31s Med Smooth	I31s Med Smooth	I30f Med Smooth		Slice Increment (mm)	5
Window	Lung	Lung	Lung		Type	Full
SAFIRE/ADMIRE	2	2	2		ASIR	SS10
Slice Thickness (mm)	10	10	10			
Slice Increment (mm)	7	7	7		<b>Recon 3 Reformats</b>	
<b>Reformat Lung</b>					Algorithm	Standard
Kernel	I31s Med Smooth	I31s Med Smooth	I41f Medium		Window Width/ Level	450/ 35
Window	Mediastinum	Mediastinum	Abdomen		Slice Thickness (mm)	1.25
SAFIRE/ADMIRE	2	2	2		Slice Increment (mm)	0.625
Slice Thickness (mm)	1	1	1.5		Type	Full
Slice Increment (mm)	0.5	0.5	0.75		ASIR	None
					<b>Recon 4 MIP Reformats</b>	
					Algorithm	Standard
					Window Width/ Level	2000/-600
					Slice Thickness (mm)	1.25
					Slice Increment (mm)	0.625
					Type	Plus
					ASIR	SS70

CTDI:  $\leq 10$  mGy per acquisition

See [Patient Positioning](#) for additional information

Setup: Scout from above apices to mid L1

DFOV: Appropriate for patient's body habitus (Use same DFOV as prior exam when available)

**Scan Parameters:** [\(IV Contrast Dose Chart\)](#)

Chest WITH Contrast

Scan from above the apices to the mid body of L1

1. IV contrast at the discretion of the Radiologist
  - a. 50 ml of 350 mg/dl non-ionic contrast @ 3ml/sec
2. 17 second delay

Chest WITHOUT Contrast

Scan from above the apices to the mid body of L1

**PACS Series in order as performed:**

- Topogram
- 5x5 Axial ST
- 1 X 0.6 CD Data Set
- 5x5 Axial Lung
- 5x5 Coronal ST
- 5x5 Sagittal ST
- Dose report and/or Patient Protocol Page



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## SUPER DIMENSIONAL CHEST SCAN PROTOCOL

Scanner	Perspective	Definition AS 40	Definition AS 64	Scanner	Optima 660
Scan Type	spiral	spiral	spiral	Scan Type	spiral
Detector Configuration	32 x 0.6	40 x 0.6	64 x 0.6	Detector Coverage (mm)	40
Rotation Time (sec)	0.6	0.5	0.5	Rotation Time (sec)	0.5
Pitch	0.8	0.6	0.6	Pitch	0.984:1
Scan FOV	Large	Large	Large	Speed (mm/rot)	39.37
CareDose4D	On	On	On	Scan FOV	Large Body
Quality ref mAs	50	50	50	Auto mA range	100-350
kVp	110			kVp	120
ref kVp		120	120	Smart mA	On
Optimize Slider position		3 w/o contrast	3 w/o contrast	Noise Index	20
Optimize Slider position		7 w/ contrast	7 w/ contrast	ASIR	30%
<b>Recon 1 ST Axial</b>				<b>Recon 1 ST Axial</b>	
Kernel	I41s Medium +	I41f Medium +	I41f Medium	Algorithm	Standard
Window	Mediastinum	Mediastinum	Mediastinum	Window Width/ Level	450/35
SAFIRE/ADMIRE	2	2	2	Slice Thickness (mm)	5
Slice Thickness (mm)	5	5	5	Slice Increment (mm)	5
Slice Increment (mm)	5	5	5	Type	Full
				ASIR	SS20
<b>Recon 2 Lung</b>				<b>Recon 2 Lung</b>	
Kernel	I80s Very Sharp	I70f Medium	B70f Very Sharp	Algorithm	Lung
Window	Lung	Lung	Lung	Window Width/ Level	2000/ -600
SAFIRE/ADMIRE	0	2	0	Slice Thickness (mm)	5
Slice Thickness (mm)	5	5	5	Slice Increment (mm)	5
Slice Increment (mm)	5	5	5	Type	Full
				ASIR	None
<b>Coronal/ Sagittal</b>				<b>Recon 3 Reformats &amp; CD Data Set</b>	
Kernel	I41s Medium +	I41f Medium +	I41f Medium	Algorithm	Standard
Window	Mediastinum	Mediastinum	Mediastinum	Window Width/ Level	450/40
SAFIRE/ADMIRE	2	2	2	Slice Thickness (mm)	1.25
Slice Thickness (mm)	5	5	5	Slice Increment (mm)	0.625
Slice Increment (mm)	5	5	5	Type	Plus
				ASIR	SS20
<b>CD Data Set</b>					
Kernel	I41s Medium +	I41f Medium +	I30f Med Smooth		
Window	Mediastinum	Mediastinum	Mediastinum		
SAFIRE/ADMIRE	2	2	2		
Slice Thickness (mm)	1	1	1		
Slice Increment (mm)	0.6	0.6	0.5		

CTDI:  $\leq 3$  mGy per acquisition

Used when screening criteria is met

See [Patient Positioning](#) for additional information

Setup: Scout from above apices to mid L1

DFOV: Appropriate for patient's body habitus (Use same DFOV as prior exam when available)

### Scan Parameters:

- Scan from above the apices to the mid body of L1

\*Automatic dose modulation such as Care Dose or Auto MA will be utilized to adjust the technique accordingly based on patient body habitus\*

### PACS Series in order as performed:

- Topogram
- 2x2 Axial ST
- 2x2 Axial Lung
- 10x7 Axial Lung MIP
- 2x2 Coronal ST
- 2x2 Sagittal ST
- Dose report and/or Patient Protocol Page



**\*Tech must enter lung screening info in MI under lung tree-3 entries\*** [\\*Back to Body Protocol Page\\*](#)



## LUNG SCREENING SCAN PROTOCOL

Scanner	Perspective	Definition AS 40	Definition AS 64	Scanner	Optima 660
Scan Type	spiral	spiral	spiral	Scan Type	spiral
Detector Configuration	32 x 1.2	40 x 0.6	64 x 0.6	Detector Coverage (mm)	40
Rotation Time (sec)	0.6	0.3	0.3	Rotation Time (sec)	0.5
Pitch	0.8	0.8	0.8	Pitch	0.984:1
Scan FOV	Large	Large	Large	Speed (mm/rot)	39.37
CareDose4D	On	On	On	Scan FOV	Large Body
Quality ref mAs	20	20	20	Auto mA range	25-110
kVp	110			kVp	100
ref kVp		120	120	Smart mA	On
Optimize Slider position		3 w/o contrast	3 w/o contrast	Noise Index	32
Optimize Slider position		7 w/ contrast	7 w/ contrast	ASIR	70%
<b>ST Axials/Cor/Sag</b>					
Kernel	I30s med smooth	I30f medium smooth	I30f medium smooth	<b>Recon 1 ST Axials</b>	
Window	Mediastinum	Mediastinum	Mediastinum	Algorithm	Standard
SAFIRE/ADMIRE	2	0	2	Window Width/ Level	450/40
Slice Thickness (mm)	2	2	2	Slice Thickness (mm)	2.5
Slice Increment (mm)	2	2	2	Slice Increment (mm)	2.5
<b>Recon 2 Lung</b>					
Kernel	I80s Very Sharp	I70f Very Sharp	B70f Very Sharp	Type	Plus
Window	Lung	Lung	Lung	ASIR	none
SAFIRE/ADMIRE	2	0	0	<b>Recon 2 Lung</b>	
Slice Thickness (mm)	2	2	2	Algorithm	Lung
Slice Increment (mm)	2	2	2	Window Width/ Level	2000/ -600
<b>Lung MIP</b>					
Kernel	I31s Med Smooth	I31s Med Smooth	I30f Med Smooth	Slice Thickness (mm)	2.5
Window	Lung	Lung	Lung	Slice Increment (mm)	2.5
SAFIRE/ADMIRE	2	2	2	Type	Plus
Slice Thickness (mm)	10	10	10	ASIR	SS70
Slice Increment (mm)	7	7	7	<b>Recon 3 Reformat</b>	
<b>Reformat</b>					
Kernel	I31s Med Smooth	I31s Med Smooth	I30f Med Smooth	Algorithm	Standard
Window	Mediastinum	Mediastinum	Mediastinum	Window Width/ Level	450/45
SAFIRE/ADMIRE	2	2	2	Slice Thickness (mm)	2.5
Slice Thickness (mm)	1	1	1.5	Slice Increment (mm)	1.25
Slice Increment (mm)	0.5	0.5	0.7	Type	Plus
				ASIR	SS70



CTDI:  $\leq 3$  mGy per acquisition

Used when lung screening criteria is NOT met or as ordered

See [Patient Positioning](#) for additional information

Setup: Scout from above apices to mid L1

DFOV: Appropriate for patient's body habitus (Use same DFOV as prior exam when available)

**Scan Parameters:**

- Scan from above the apices to the mid body of L1

**PACS Series in order as performed:**

- Topogram
- 2x2 Axial ST
- 2x2 Axial Lung
- 10x7 Axial Lung MIP
- 2x2 Coronal ST
- 2x2 Sagittal ST
- Dose report and/or Patient Protocol Page



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## LOW DOSE CHEST SCAN PROTOCOL

Scanner	Perspective	Definition AS 40	Definition AS 64	Scanner	Optima 660
Scan Type	spiral	spiral	spiral	Scan Type	spiral
Detector Configuration	32 x 1.2	40 x 0.6	64 x 0.6	Detector Coverage (mm)	40
Rotation Time (sec)	0.6	0.3	0.3	Rotation Time (sec)	0.5
Pitch	0.8	0.8	0.8	Pitch	0.984:1
Scan FOV	Large	Large	Large	Speed (mm/rot)	39.37
CareDose4D	On	On	On	Scan FOV	Large Body
Quality ref mAs	20	20	20	Auto mA range	25-110
kVp	110			kVp	100
ref kVp		120	120	Smart mA	On
Optimize Slider position		3 w/o contrast	3 w/o contrast	Noise Index	32
Optimize Slider position		7 w/ contrast	7 w/ contrast	ASIR	70%
<b>ST Axials/Cor/Sag</b>					
Kernel	I30s med smooth	I30f medium smooth	I30f medium smooth	<b>Recon 1 ST Axials</b>	
Window	Mediastinum	Mediastinum	Mediastinum	Algorithm	Standard
SAFIRE/ADMIRE	2	0	2	Window Width/ Level	450/35
Slice Thickness (mm)	2	2	2	Slice Thickness (mm)	2.5
Slice Increment (mm)	2	2	2	Slice Increment (mm)	2.5
<b>Recon 2 Lung</b>				Type	Plus
Kernel	I80s Very Sharp	I70f Very Sharp	B70f Very Sharp	ASIR	None
Window	Lung	Lung	Lung		
SAFIRE/ADMIRE	2	0	0	<b>Recon 2 Lung</b>	
Slice Thickness (mm)	2	2	2	Algorithm	Lung
Slice Increment (mm)	2	2	2	Window Width/ Level	2000/ -600
<b>Lung MIP</b>				Slice Thickness (mm)	2.5
Kernel	I31s Med Smooth	I31s Med Smooth	I30f Med Smooth	Slice Increment (mm)	2.5
Window	Lung	Lung	Lung	Type	Plus
SAFIRE/ADMIRE	2	2	2	ASIR	SS70
Slice Thickness (mm)	10	10	10		
Slice Increment (mm)	7	7	7	<b>Recon 3 Reformat</b>	
<b>Reformat</b>				Algorithm	Standard
Kernel	I31s Med Smooth	I31s Med Smooth	I30f Med Smooth	Window Width/ Level	450/35
Window	Mediastinum	Mediastinum	Mediastinum	Slice Thickness (mm)	2.5
SAFIRE/ADMIRE	2	2	2	Slice Increment (mm)	1.2
Slice Thickness (mm)	1	1	1.5	Type	Plus
Slice Increment (mm)	0.5	0.5	0.7	ASIR	SS70

See [Patient Positioning](#) for additional information

Setup: Scout from above apices to mid L1

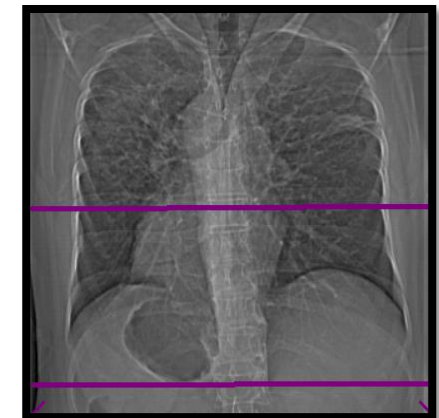
DFOV: Appropriate for patient's body habitus (Use same DFOV as prior exam when available)

### Scan Parameters:

- **Supine Scan:**
  - Scan from above the apices to the mid body of L1 during full inspiration
- **Dynamic Expiration:**
  - These axial/sequential scans will be performed while the patient is actively breathing out
    - While in the supine position have the patient take in a full breath and slowly breathe out.
    - While the patient is breathing out 4 rapid sequential scans will be performed at the same table position. This will be done at three different levels.
  - There will be 4 sequential 2- 2.5 mm axial scans performed at three different levels
    - Upper Chest ~ midway between the carina and apices
    - Mid Chest at the level of the carina
    - Lower Chest ~ midway between the carina and the costophrenic angles
- **Prone Scan:**
  - Scan the lower one third of the chest in the prone position during full inspiration

### PACS Series in order as performed:

- Topogram
- 5x5 Supine Axial ST
- 1x5 Supine Axial Lung
- 1x5 Supine Coronal Lung
- 1x5 Supine Sagittal Lung
- Dynamic Expiration 1, 2, and 3
- 5x5 Prone Axial ST
- 1x5 Prone Axial Lung
- Dose report and/or Patient Protocol Page



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# HI RES CHEST SCAN PROTOCOL

Scanner	Perspective	Definition AS 40	Definition AS 64	Scanner	Optima 660
Scan Type	spiral	spiral	spiral	Scan Type	Helical
Detector Configuration	32 x 0.6	40 x 0.6	64 x 0.6	Detector Coverage (mm)	20
Rotation Time (sec)	0.6	0.6	0.5	Rotation Time (sec)	0.5
Pitch	0.6	1	0.6	Pitch	0.968:1
Scan FOV	Large	Large	Large	Speed (mm/rot)	19.375
CareDose4D	On	On	On	Scan FOV	Large Body
Quality ref mAs	50	100	50	Auto mA range	80-250
kVp	110			kVp	100
ref kVp		120	120	Smart mA	On
Optimize Slider position		3	3	Noise Index	15
<b>Recon 1 Axial ST</b>				ASIR	40%
Kernel	I41s Medium +	I41s Medium +	I41s Medium	<b>Recon 1 Axial ST</b>	
Window	Mediastinum	Mediastinum	Mediastinum	Algorithm	Standard
SAFIRE/ADMIRE	2	2	2	Window Width/ Level	400/40
Slice Thickness (mm)	5	5	5	Slice Thickness (mm)	5
Slice Increment (mm)	5	5	5	Slice Increment (mm)	5
<b>Recon 2 Lung</b>				Type	Full
Kernel	I80s Very Sharp	I70f Medium	B70f Very Sharp	ASIR	SS20
Window	Lung	Lung	Lung	<b>Recon 2 Lung</b>	
SAFIRE/ADMIRE	0	0	0	Algorithm	Lung
Slice Thickness (mm)	1	1	1	Window Width/ Level	2000/ -600
Slice Increment (mm)	5	5	5	Slice Thickness (mm)	5
<b>Coronal/Sagittal</b>				Slice Increment (mm)	5
Kernel	I41s Medium +	I41s Medium +	I70f Very Sharp	Type	Full
Window	Mediastinum	Mediastinum	Lung	ASIR	SS40
SAFIRE/ADMIRE	2	2	1	<b>Recon 3 Reformat</b>	
Slice Thickness (mm)	1	1	1	Algorithm	Lung
Slice Increment (mm)	5	5	5	Window Width/ Level	2000/ -600
<b>Dynamic Expiration</b>				Slice Thickness (mm)	0.625
Scan Type	sequential	sequential	sequential	Slice Increment (mm)	0.625
Rotation Time (sec)	0.6	0.33	0.33	Type	Plus
Detector Configuration	1 x 2	2 x 1	2 x 1	ASIR	SS40
Feed	0	0	0	<b>Dynamic Expiration</b>	
Scan FOV	Large	Large	Large	Scan Type	Axial
CareDose4D	On	On	On	Interval	0
Quality ref mAs	25	50	50	Rotation Time (sec)	0.5
kVp	110			Thick	1.25
ref kVp		120	120	Mode	1i
Optimize Slider position		3	3	Rows	2
<b>Dynamic Expiration Recons</b>				Scan FOV	Large Body
Kernel	I80s Very Sharp	I70f Medium	B80f Ultra Sharp	Auto mA range	50-100
Window	Lung	Lung	Lung	kVp	80
SAFIRE/ADMIRE	0	0	0	Smart mA	On
Slice Thickness (mm)	1	1	1	Noise Index	15
Slice Increment (mm)	0	0	0	Algorithm	Lung
				Window Width/Level	2000/ -600
				Type	Full
				ASIR	SS70

CTDI: < 20 mGy

See [Patient Positioning](#) for additional information

**Setup:** Supine, AP/Lateral Scout from above the apices through the adrenal glands

**DFOV:** Appropriate for patients body habitus. Use same DFOV as prior exam when available.

**Scan Parameters:**

**Set up scan range from above apices to mid L1**

**Chest without Contrast**

1. Scan from above the apices to the mid body of L1 on full inspiration
2. Ensure no movement artifacts

**PACS Series:**

- Topogram
- 5x5 Axial Soft Tissue
- 1x 0.8 Soft Tissue CD Data Set – Entire Lung Field must be present
- 5x5 Axial Lung
- 5x5 Coronal Soft Tissue
- 5x5 Sagittal Soft Tissue
- Dose report and/or Patient Protocol Page



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# PULMONX ZEPHYR / SPIRATION CHEST SCAN PROTOCOL

Scanner	Perspective	Definition AS 40	Definition AS 64	Scanner	Optima 660
Scan Type	spiral	spiral	spiral	Scan Type	spiral
Detector Configuration	32 x 0.6	40 x 0.6	64 x 0.6	Detector Coverage (mm)	40
Rotation Time (sec)	0.6	0.5	0.5	Rotation Time (sec)	0.8
Pitch	0.8	0.6	0.6	Pitch	0.984:1
Scan FOV	Large	Large	Large	Speed (mm/rot)	39.37
CareDose4D	On	On	On	Scan FOV	Large Body
Quality ref mAs	50	50	50	Auto mA range	100-350
kVp	110			kVp	120
ref kVp		120	120	Smart mA	On
Optimize Slider position		3 w/o contrast	3 w/o contrast	Noise Index	20
Optimize Slider position		7 w/ contrast	7 w/ contrast	ASIR	30%
<b>Recon 1 ST Axial</b>				<b>Recon 1 ST Axial</b>	
Kernel	I41s Medium +	I41f Medium +	I41f Medium	Algorithm	Standard
Window	Mediastinum	Mediastinum	Mediastinum	Window Width/ Level	450/40
SAFIRE/ADMIRE	2	2	2	Slice Thickness (mm)	5
Slice Thickness (mm)	5	5	5	Slice Increment (mm)	5
Slice Increment (mm)	5	5	5	Type	Full
				ASIR	None
<b>Recon 2 Lung</b>				<b>Recon 2 Lung</b>	
Kernel	I80s Very Sharp	I70f Medium	B70f Very Sharp	Algorithm	Lung
Window	Lung	Lung	Lung	Window Width/ Level	2000/ -600
SAFIRE/ADMIRE	0	2	0	Slice Thickness (mm)	5
Slice Thickness (mm)	5	5	5	Slice Increment (mm)	5
Slice Increment (mm)	5	5	5	Type	Full
				ASIR	None
<b>Coronal/ Sagittal</b>				<b>Recon 3 Reformats &amp; CD Data Set</b>	
Kernel	I41s Medium +	I41f Medium +	I41f Medium	Algorithm	Standard
Window	Mediastinum	Mediastinum	Mediastinum	Window Width/ Level	450/35
SAFIRE/ADMIRE	2	2	2	Slice Thickness (mm)	1.25
Slice Thickness (mm)	5	5	5	Slice Increment (mm)	0.625
Slice Increment (mm)	5	5	5	Type	Full
				ASIR	SS20
<b>CD Data Set</b>					
Kernel	I41s Medium +	I41f Medium +	I30f Med Smooth		
Window	Mediastinum	Mediastinum	Mediastinum		
SAFIRE/ADMIRE	2	2	0		
Slice Thickness (mm)	1	1	1		
Slice Increment (mm)	0.6	0.6	0.8		

CTDI: < 10 mGy

See [Patient Positioning](#) for additional information

**Setup:** Supine, PA/Lateral Scout from above the apices to mid L1

**DFOV:** Appropriate for patients body habitus. Use same DFOV as prior exam when available.

**Scan Parameters:**

**Set up scan range from above apices to mid L1**

**Chest without Contrast**

- Scan from above the apices to the mid body of L1 on full inspiration
- Ensure no movement artifacts

**Chest with Contrast**

- Contrast if requested
  - a. 50ml Omnipaque 350 @ 3ml/sec with a 17 second delay from start of injection

**PACS Series:**

- Topogram
- 5x5 Axial Soft Tissue
- 1x 0.6 CD Data Set <32 cm FOV
- 5x5 Axial Lung
- 5x5 Coronal Soft Tissue
- 5x5 Sagittal Soft Tissue
- Dose report and/or Patient Protocol Page



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# APPENDIX I: CT scan settings for PlanPoint software

**Table A-1 Minimum radiation dose (CTDIvol; unit mGy)**

Recon. Method / Patient Size	Small-Average (BMI ≤25)	Larger (BMI>25)
Using non-iterative reconstruction	6	10
Using iterative reconstruction	3	5

**Table A-2 Scanner Settings**

Parameter	Rationale	Recommended Values
kVp	Reduced artifacts in the lung apices	110 – 140 kV
Pitch	Reduced motion artifacts from breathing or cardiac cycle	≥ 1.0
Rotation time	Fastest rotation time reduces motion artifacts	NA
Slice spacing	Ensure high resolution to identify peripheral airways	0.5 mm – 0.8 mm
Slice thickness	Zero or slight overlap	0.5 mm – 1.0 mm
Field of View	Minimize the field of view to the lungs	≤ 32 cm
Iterative reconstruction	Low to medium strengths are compatible; defer to department specific lung imaging protocols	NA

**Table A-3 Scanner Settings, Reconstruction Kernel**

Parameter	Rationale	Recommended Values			
		Siemens™	Philips™	GE™	Toshiba <sup>3</sup>
Reconstruction kernel	Multiple reconstruction kernels are compatible; medium sharpness is ideal	B31f	C 0	Standard Body	FC05

Information taken from - PlanPoint Software IFU Appendix - PN554076



# ION BRONCH PROTOCOL

Scanner	Perspective	Definition AS 40	Definition AS 64	Scanner	Optima 660
Scan Type	spiral	spiral	spiral	Scan Type	spiral
Detector Configuration	32 x 0.6	40 x 0.6	64 x 0.6	Detector Coverage (mm)	20
Rotation Time (sec)	0.6	0.5	0.5	Rotation Time (sec)	0.5
Pitch	0.8	0.6	1	Pitch	0.984:1
Scan FOV	Large	Large	Large	Speed (mm/rot)	39.37
CareDose4D	On	On	On	Scan FOV	Large Body
Quality ref mAs	50	50	50	Auto mA range	100-350
kVp	110			kVp	120
ref kVp		120	120	Smart mA	On
Optimize Slider position		3 w/o contrast	3 w/o contrast	Noise Index	20
Optimize Slider position		7 w/ contrast	7 w/ contrast	ASIR	30%
<b>ST</b>				<b>Recon 1 ST Axial</b>	
Kernel	I41s Medium +	I41f Medium +	I41f Medium	Algorithm	Standard
Window	Mediastinum	Mediastinum	Mediastinum	Window Width/ Level	450/35
SAFIRE/ADMIRE	2	2	2	Slice Thickness (mm)	5
Slice Thickness (mm)	5	5	5	Slice Increment (mm)	5
Slice Increment (mm)	5	5	5	Type	Full
				ASIR	None
<b>Lung</b>				<b>Recon 2 Lung</b>	
Kernel	I80s Very Sharp	I70f Medium	B70f Very Sharp	Algorithm	Lung
Window	Lung	Lung	Lung	Window Width/ Level	2000/ -600
SAFIRE/ADMIRE	0	2	0	Slice Thickness (mm)	5
Slice Thickness (mm)	5	5	5	Slice Increment (mm)	5
Slice Increment (mm)	5	5	5	Type	Full
				ASIR	None
<b>Coronal/ Sagittal</b>				<b>Recon 3 Reformats &amp; CD Data Set</b>	
Kernel	I41s Medium +	I41f Medium +	I41f Medium	Algorithm	Standard
Window	Mediastinum	Mediastinum	Mediastinum	Window Width/ Level	450/35
SAFIRE/ADMIRE	2	2	2	Slice Thickness (mm)	1.25
Slice Thickness (mm)	5	5	5	Slice Increment (mm)	0.625
Slice Increment (mm)	5	5	5	Type	Full
				ASIR	SS20
<b>CD Data Set</b>					
Kernel	I41s Medium +	I41f Medium +	I31f Med Smooth		
Window	Mediastinum	Mediastinum	Mediastinum		
SAFIRE/ADMIRE	2	2	2		
Slice Thickness (mm)	1	1	1		
Slice Increment (mm)	0.6	0.6	0.5		

*\*Protocol designed to minimize the amount of radiation while maximizing the yield and produce diagnostically acceptable image quality*

CTDI: ~10 mGy per acquisition  
Used for evaluation of the airway

Setup: Scout from above the frontal sinuses through the diaphragm

PT Positioning: Patient to lie supine with head in flat square sponge to open airway, arms up over head and supported.

See [Patient Positioning](#) for additional information

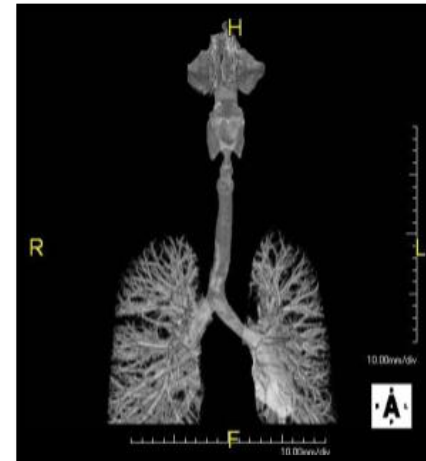
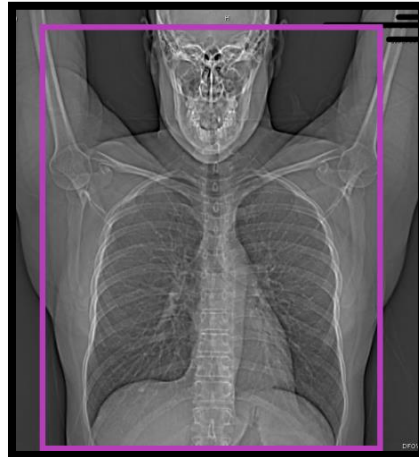
DFOV: Appropriate for patient's body habitus (Use same DFOV as prior exam when available)

**Scan Parameters:**

- Inspiration
  - Scan from above the frontal sinuses through the diaphragm on full inspiration.
- Expiration
  - Scan from above the frontal sinuses through the diaphragm on full expiration.

**PACS Series in order as performed:**

- Topogram
- 3x3 Axial ST Inspiration
- 3x3 Axial Lung
- 3x3 Coronal ST
- 3x3 Sagittal ST
- 3x3 Axial ST Expiration
- 3x3 Axial Lung
- 3x3 Coronal ST
- 3x3 Sagittal ST
- Dose report and/or Patient Protocol Page
- 3D lab will create and submit VRT airway rotations



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## AIRWAY SCAN PROTOCOL

Scanner	Perspective	Definition AS 40	Definition AS 64		Scanner	Optima 660
Scan Type	Spiral	Spiral	Spiral		Scan Type	spiral
Detector Configuration	32 x 1.2	40 x 0.6	64 x 0.6		Detector Coverage (mm)	40
Rotation Time (sec)	0.6	0.5	0.5		Rotation Time (sec)	0.5
Pitch	0.8	0.6	0.6		Pitch	0.938:1
Scan FOV	Large	Large	Large		Speed (mm/rot)	39.375
CareDose4D	On	On	On		Scan FOV	Large Body
Quality ref mAs	50	50	50		Auto mA range	80-300
kVp	110				kVp	120
ref kVp		120	120		Smart mA	On
Optimize Slider position		3	3		Noise Index	15
					ASIR	20%
<b>Axial ST</b>					<b>Recon 1 Axial ST</b>	
Kernel	I41s Medium +	I41f Medium +	I41f Medium		Algorithm	Standard
Window	Mediastinum	Mediastinum	Mediastinum		Window Width/ Level	350/40
SAFIRE/ADMIRE	0	0	2		Slice Thickness (mm)	2.5
Slice Thickness (mm)	3	3	3		Slice Increment (mm)	2.5
Slice Increment (mm)	3	3	3		Type	Full
					ASIR	SS20
<b>Lung</b>					<b>Recon 2 Lung</b>	
Kernel	I80s Very Sharp	I70f very sharp	I70f Very Sharp AS		Algorithm	Lung
Window	Lung	Lung	Lung		Window Width/ Level	2000/ -600
SAFIRE/ADMIRE	0	0	1		Slice Thickness (mm)	2.5
Slice Thickness (mm)	3	3	3		Slice Increment (mm)	2.5
Slice Increment (mm)	3	3	3		Type	Full
					ASIR	None
<b>Reformat for 3D</b>					<b>Recon 3 Reformats</b>	
Kernel	I41s Medium +	I41f Medium +	I41f Medium		Algorithm	Soft
Window	Mediastinum	Mediastinum	Mediastinum		Window Width/ Level	350/40
SAFIRE/ADMIRE	0	0	2		Slice Thickness (mm)	1.25
Slice Thickness (mm)	1.5	0.75	0.75		Slice Increment (mm)	0.625
Slice Increment (mm)	0.7	0.5	0.5		Type	Full
					ASIR	SS20
<b>Coronal/ Sagittal</b>						
Kernel	I41s Medium +	I41f Medium +	I70f Very Sharp AS			
Window	Mediastinum	Mediastinum	Lung			
SAFIRE/ADMIRE	0	0	1			
Slice Thickness (mm)	3	3	3			
Slice Increment (mm)	3	3	3			

CTDI: ~10 mGy per acquisition  
Used for evaluating air trapping

\* Both arms should be raised above the head for optimal image quality. See [Patient Positioning](#) for additional information

Setup: Scout from above the apices through the diaphragm

DFOV: Appropriate for patient's body habitus (Use same DFOV as prior exam when available)

### Scan Parameters:

- **Inspiration**
  - Scan from above the apices through the diaphragm on full inspiration.
- **Expiration**
  - Scan from above the apices through the diaphragm on full expiration

### PACS Series in order as performed:

- Topogram
- 5x5 Axial ST Inspiration
- 1x5 Axial Inspiration Lung
- 1x5 Coronal/Sagittal Inspiration
- 5x5 Axial ST Expiration
- 1x5 Axial Expiration Lung
- 1x5 Coronal/Sagittal Expiration
- Dose report and/or Patient Protocol Page



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# AIR TRAPPING PROTOCOL

Scanner	Perspective	Definition AS 40	Definition AS 64	Scanner	Optima 660
Scan Type	Spiral	Spiral	Spiral	Scan Type	spiral
Detector Configuration	32 x 0.6	32 x 0.6	64 x 0.6	Detector Coverage (mm)	40
Rotation Time (sec)	0.6	0.5	0.5	Rotation Time (sec)	0.8
Pitch	0.8	0.6	0.6	Pitch	1.375:1
Scan FOV	Large	Large	Large	Speed (mm/rot)	55
CareDose4D	On	On	On	Scan FOV	Large Body
Quality ref mAs	50	50	50	Auto mA range	100-500
kVp	110			kVp	100
ref kVp		120	120	Smart mA	On
Optimize Slider position		3	3	Noise Index	15
				ASIR	50%
<b>Recon 1 ST Axial</b>				<b>Recon 1 ST Axial</b>	
Kernel	I41s Medium +	I41f Medium +	I41f Medium	Algorithm	Standard
Window	Mediastinum	Mediastinum	Mediastinum	Window Width/ Level	400/ 40
SAFIRE/ADMIRE	0	2	2	Slice Thickness (mm)	5
Slice Thickness (mm)	5	5	5	Slice Increment (mm)	5
Slice Increment (mm)	5	5	5	Type	Full
				ASIR	SS50
<b>Recon 2 Lung</b>				<b>Recon 2 Lung</b>	
Kernel	I80s Very Sharp	I70f very sharp	70f Very Sharp AS	Algorithm	Lung
Window	Lung	Lung	Lung	Window Width/ Level	2000/ -600
SAFIRE/ADMIRE	0	0	1	Slice Thickness (mm)	1.25
Slice Thickness (mm)	1	1	1	Slice Increment (mm)	5
Slice Increment (mm)	5	5	5	Type	Full
				ASIR	None
<b>Coronal/ Sagittal</b>				<b>Recon 3 Reformats</b>	
Kernel	I80s Very Sharp	I70f very sharp	I70f very sharp	Algorithm	Lung
Window	Lung	Lung	Lung	Window Width/ Level	2000/ -600
SAFIRE/ADMIRE	0	0	1	Slice Thickness (mm)	1.25
Slice Thickness (mm)	1	1	1	Slice Increment (mm)	0.625
Slice Increment (mm)	5	5	5	Type	Full
				ASIR	None

CTDI:  $\leq 25$  mGy per acquisition

See [Patient Positioning](#) for additional information

Setup: Scout from above the mandible to mid L1

DFOV: Appropriate for patient's body habitus (Use same DFOV as prior exam when available)

### Scan Parameters:

- **Scan 1: Chest without oral contrast:**

- This scan is performed from mid neck through the stomach without oral contrast

#### Oral Contrast Mixture Instructions used for the second scan

- In the first cup, mix approximately 12 ounces of water with 25ml Omnipaque 350 or similar contrast
- In the second cup, mix approximately 12 ounces of water, 1 packet of ThickenUp, SimplyThick or similar thickening agent with 25ml Omnipaque 350 or similar contrast

- **Scan 2: Chest with oral contrast:**

- Oral contrast mixes given for Scan 2. Assist the patient in swallowing thin mixture first while lying flat. Next, have patient swallow part of the thickened mixture and instruct them to hold the last bit in their mouth. Exit the scan room and have the patient swallow the remaining mixture as Scan 2 is performed.
  - Contrast if requested- 50ml Omnipaque 350 @ 3ml/sec with a 17 second delay from start of injection (as they swallow)
  - In the event it is necessary to have the patient slightly sitting up while drinking, it is essential to take care to not move the patient out of position
  - This scan is performed from above the lower mandible through the stomach

### PACS Series in order as performed:

- Topogram
- 3x3 Noncontrast Axial ST
- 3x3 Noncontrast Axial Lung
- 3x3 Oral contrast Axial ST
- 3x3 Oral contrast Axial Lung
- 2x1 Oral contrast Axial ST (focused DFOV ~30cm)
- 3x3 Coronal Lung
- 3x3 Sagittal Lung
- Dose report and/or Patient Protocol Page

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# ESOPHAGRAM SCAN PROTOCOL

Scanner	Perspective	Definition AS 40	Definition AS 64		Scanner	Optima 660
Scan Type	spiral	spiral	spiral		Scan Type	Helical
Detector Configuration	32 x 0.6	40 x 0.6	64 x 0.6		Detector Coverage (mm)	40
Rotation Time (sec)	0.6	0.6	0.5		Rotation Time (sec)	0.6
Pitch	0.6	1	0.6		Pitch	0.984:1
Scan FOV	Large	Large	Large		Speed (mm/rot)	39.37
CareDose4D	On	On	On		Scan FOV	Large Body
Quality ref mAs	50	100	50		Auto mA range	100-500
kVp	110				kVp	120
ref kVp		120	120		Smart mA	On
Optimize Slider position		3 w/o contrast	3 w/o contrast		Noise Index	15
Optimize Slider position		7 w/ contrast	7 w/ contrast		ASIR	50%
<b>Recon 1 ST Axial</b>					<b>Recon 1 ST Axial</b>	
Kernel	I41s Medium +	I41f Medium +	I41f Medium		Algorithm	Standard
Window	Mediastinum	Mediastinum	Mediastinum		Window Width/ Level	450/35
SAFIRE/ADMIRE	2	2	2		Slice Thickness (mm)	2.5
Slice Thickness (mm)	3	3	3		Slice Increment (mm)	2.5
Slice Increment (mm)	3	3	3		Type	Full
					ASIR	None
<b>Recon 2 Lung</b>					<b>Recon 2 Lung</b>	
Kernel	I80s Very Sharp	I70f Medium	I70f Very Sharp AS		Algorithm	Lung
Window	Lung	Lung	Lung		Window Width/ Level	2000/ -600
SAFIRE/ADMIRE	0	2	1		Slice Thickness (mm)	2.5
Slice Thickness (mm)	3	3	3		Slice Increment (mm)	2.5
Slice Increment (mm)	3	3	3		Type	Full
					ASIR	SS10
<b>Recon 3 Oral contrast 2x1</b>					<b>Recon 2 Reformats</b>	
Kernel	I41s Medium +	I41f Medium +	I41f Medium		Algorithm	Standard
Window	Mediastinum	Mediastinum	Mediastinum		Window Width/ Level	450/35
SAFIRE/ADMIRE	2	2	2		Slice Thickness (mm)	1.25
Slice Thickness (mm)	2	2	2		Slice Increment (mm)	0.625
Slice Increment (mm)	1	1	1		Type	Full
					ASIR	SS40
<b>Coronal/ Sagittal</b>						
Kernel	I41s Medium +	I41f Medium +	I41f Medium			
Window	Mediastinum	Mediastinum	Mediastinum			
SAFIRE/ADMIRE	2	2	2			
Slice Thickness (mm)	3	3	3			
Slice Increment (mm)	3	3	3			

*\*Protocol designed to minimize the amount of radiation while maximizing the yield and produce diagnostically acceptable image quality*

CTDI: ~10- 20 mGy per acquisition

See [Patient Positioning](#) for additional information

**PT Preparation:** A total of three 450ml bottles of Breeza are to be consumed, the total prep time is approximately 45 minutes

1. The first 450ml dose is given 45 minutes prior to scan time.
    - **After the first dose and in between doses the patient should lie on their right side.**
  2. A second 450ml dose will be consumed 30 minutes prior to the scan.
  3. The final bottle will be given 15 minutes prior to the scan time
  4. The patient should drink 225ml of water ten minutes prior to lying down on the CT table.
- \*\*Radiologist Questions should be directed to your designated Body MR Radiologist\*\***

- **Setup:** Supine, AP/Lateral Scout from above the diaphragm through the lesser trochanters

**DFOV:** Appropriate for patient body habitus. Use same DFOV as prior exam when available.

**Scan Parameters:**

**Abdomen With and Pelvis With Contrast**

**Arterial**

- Scan from above the diaphragm through the lesser trochanters
1. IV Contrast:
    - a. at the discretion of the Radiologist
    - b. 100-150 ml of 320- 370 mg iodine/ml non-ionic contrast @ 4.5 ml/sec (50 ml saline chase @ 4.5 ml/sec if the facility has a dual head injector)  
Not to exceed a total volume of 150 cc for a single exam
    - c. If unable to access an 18 gauge, please use a 20 gauge and adjust to 4ml/sec.

Patient's weight in lbs.	Patients weight in kg	Volume of Contrast
≤99lbs	44kg	1 cc/lb. or 2cc/kg
100-210lbs	45-95kg	100ml
211-290lbs	96-130kg	125ml
≥291lbs	≥131kg	150ml



2. Smart Prep/Bolus Tracking – start scanning upon entry of contrast into the descending aorta at a level just above the diaphragm or trigger at 80 HU

### **Portal Venous Phase**

1. 30 second delay after arterial scan is complete
2. Scan from above the diaphragm through the lesser trochanters

### **Reconstructions**

1. Recon 1 is an axial data set
2. Recon 2 is for MPR's and VRT's
3. Coronal and Sagittal MPR's should be reconstructed at 3mm x 3mm

### **PACS Series:**

- Topogram
- Arterial Axial
- Venous Axial
- Arterial Coronal
- Venous Coronal
- Arterial Sagittal
- Venous Sagittal
- VRT and MIP Rotations (3D)

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# ENTEROGRAPHY SCAN PROTOCOL

Scanner	Perspective	Definition AS 40	Definition AS 64		Scanner	Optima 660
Scan Type	spiral	spiral	spiral		Scan Type	spiral
Detector Configuration	32 x 1.2	32 x 1.2	16 x 1.2		Detector Coverage (mm)	40
Rotation Time (sec)	0.6	0.6	0.5		Rotation Time (sec)	0.8
Pitch	0.6	1	1		Pitch	0.984:1
Scan FOV	Large	Large	Large		Speed (mm/rot)	39.37
CareDose4D	On	On	On		Scan FOV	Large Body
Quality ref mAs	140	140	140		Auto mA range	100-500
kVp	110				kVp	120
ref kVp		120	120		Smart mA	On
Optimize Slider position		3 w/o contrast	3 w/o contrast		Noise Index	15
Optimize Slider position		7 w/ contrast	7 w/ contrast		ASIR	50%
<b>Recon 1 ST Axial</b>						
Kernel	I41s Medium +	I41f Medium +	I41f Medium			
Window	Abdomen	Abdomen	Abdomen		<b>Recon Arterial/Venous</b>	
SAFIRE/ADMIRE	2	2	2		Algorithm	Standard
Slice Thickness (mm)	3	3	3		Window Width/ Level	400/40
Slice Increment (mm)	3	3	3		Slice Thickness (mm)	2.5
<b>Coronal/ Sagittal</b>						
Kernel	I41s Medium +	I41f Medium +	I41f Medium		Slice Increment (mm)	2.5
Window	Angio	Angio	CT Angio		Type	None
SAFIRE/ADMIRE	2	2	2		ASIR	SS20
Slice Thickness (mm)	3	3	3		<b>Recon 2 Reformats</b>	
Slice Increment (mm)	3	3	3		Algorithm	Soft
<b>Reformat</b>						
Kernel	I30s Med Smooth	I30s Med Smooth	I30s Med Smooth		Window Width/ Level	700/80
Window	Abdomen	Abdomen	Abdomen		Slice Thickness (mm)	1.25
SAFIRE/ADMIRE	2	2	2		Slice Increment (mm)	0.625
Slice Thickness (mm)	1.5	1.5	1.5		Type	Full
Slice Increment (mm)	1	1	0.75		ASIR	SS20
<b>Venous</b>						
Kernel	I41s Medium +	I41f Medium +	I41f Medium			
Window	Abdomen	Abdomen	Abdomen			
SAFIRE/ADMIRE	2	2	2			
Slice Thickness (mm)	3	3	3			
Slice Increment (mm)	3	3	3			

CTDI:  $\leq 25$  mGy for exam

See [Patient Positioning](#) for additional information

Patient Preparation: Verify the patient has completed the appropriate bowel cleansing prep and that the last bowel movement was clear liquid. If not clear, consult with Radiologist on whether to proceed.

Setup: Insufflate colon with insufflator. Scout from above the diaphragm through the lesser trochanters. If you feel it is inadequately insufflated, consult with Radiologist before proceeding with exam.

DFOV: Appropriate for patient's body habitus (Use same DFOV as prior exam when available)

### Scan Parameters:

- Supine Imaging: If contrast is indicated see: [\(IV Contrast Dose Chart\)](#)
  - Scan from below the lesser trochanters to above the diaphragm
  - If contrast indicated, 60sec scan delay after contrast @ 2ml/sec
- Prone Imaging
  - Scan from below the lesser trochanters to above the diaphragm

### PACS series in order as performed:

- Supine Topogram
- 2x1 Axial Supine
- 2x1 Coronal Supine
- 2x2 Sagittal Supine
- Prone Topogram
- 2x1 Axial Prone
- 2x1 Coronal Prone
- 2x1 Sagittal Prone
- Dose report and/or Patient Protocol Page



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# VIRTUAL COLONOGRAPHY SCAN PROTOCOL

Scanner	Perspective					
Scan Type	Spiral					
Detector Configuration	32 x 0.6					
Rotation Time (sec)	1					
Pitch	1					
Scan FOV	Large					
CareDose4D	On					
Quality ref mAs	90					
kVp	110					
<b>Recon 1 Axial</b>						
Kernel	I41s Medium +					
Window	Abdomen					
SAFIRE/ADMIRE	2					
Slice Thickness (mm)	2					
Slice Increment (mm)	1					
<b>Recon 2 Reformat</b>						
Kernel	I41s Medium +					
Window	Abdomen					
SAFIRE/ADMIRE	2					
Slice Thickness (mm)	1					
Slice Increment (mm)	0.5					
<b>Coronal/ Sagittal</b>						
Kernel	I41s Medium +					
Window	Abdomen					
SAFIRE/ADMIRE	2					
Slice Thickness (mm)	2					
Slice Increment (mm)	1					

CTDI:  $\leq$  10-25 mGy per acquisition

See [Patient Positioning](#) for additional information

Patient Preparation: Catheterize patient. **Mix 500ml normal saline and 25cc's omnipaque 350**

Setup: Scout from above the diaphragm through the lesser trochanters.

DFOV: Appropriate for patient's body habitus (Use same DFOV as prior exam when available)

### Scan Parameters:

- Empty Bladder
  - Scan from above and through the entire urinary bladder
- Maximally Distended Bladder
  - Bladder must be distended with at least 250ml of contrast mixture.
  - If unable to tolerate, radiologist must be notified before proceeding with exam
  - Scan from above and through the entire urinary bladder
- Post Void. \*If IV contrast is indicated see: [\(IV Contrast Dose Chart\)](#)
  - Drain contrast mixture from bladder
  - If contrast indicated, 60sec scan delay after contrast @ 2ml/sec
  - Scan from above the diaphragm through the urinary bladder

### PACS series in order as performed:

- Topogram
- 5x5 Empty Bladder Axial
- 5x5 Empty Bladder Coronal
- 5x5 Empty Bladder Sagittal
- 5x5 Distended Bladder Axial
- 5x5 Distended Bladder Coronal
- 5x5 Distended Bladder Sagittal
- 5x5 Post Void Abd/Pel Axial
- 5x5 Post Void Abd/Pel Coronal
- 5x5 Post Void Abd/Sagittal
- Dose report and/or Patient Protocol Page



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# CYSTOGRAPHY SCAN PROTOCOL

Scanner	Perspective					
Scan Type	Spiral					
Detector Configuration	32 x 1.2					
Rotation Time (sec)	0.6					
Pitch	0.6					
Scan FOV	Large					
CareDose4D	On					
Quality ref mAs	90					
kVp	110					
<b>Recon 1 Axial</b>						
Kernel	I41s Medium +					
Window	Abdomen					
SAFIRE/ADMIRE	2					
Slice Thickness (mm)	5					
Slice Increment (mm)	5					
<b>Coronal/ Sagittal</b>						
Kernel	I41s Medium +					
Window	Abdomen					
SAFIRE/ADMIRE	2					
Slice Thickness (mm)	5					
Slice Increment (mm)	5					

*\*Protocol designed to minimize the amount of radiation while maximizing the yield and produce diagnostically acceptable image quality*

CTDI:  $\leq 25$  mGy per acquisition

See [Patient Positioning](#) for additional information

Setup: Scout from above the apices through the heart.

**EXAM SHOULD NOT BE PERFORMED IF A PATIENT HISTORY INDICATES EXISTING CORONARY ARTERY STENT(S) AND/OR CARDIAC PACEMAKER.**

DFOV: Appropriate for patient's body habitus (Use same DFOV as prior exam when available)**GE-Must be 25 DO NOT CHANGE**

### Scan Parameters:

- Scan from the carina through the apex of the heart
- This is a prospectively gated scan. Crucial to set the ECG trigger prior scanning. The scan should be performed with full inspiration

*Spiral Scan mode can be used for larger patients that need more technique; you must do a retrospective gating if a spiral scan is used*

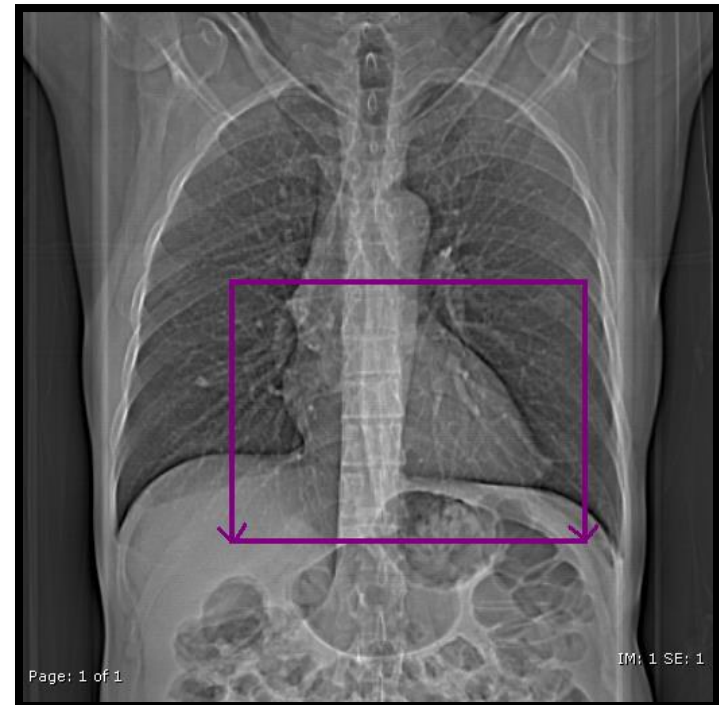
**Sequential**-normal heart rate below 90

**Spiral**-Abnormal heart rate or above 90

Send Axial set to 3D/Terarecon

### PACS Series in order as performed:

- Topogram
- 3x3 Axial ST
- Calcium Score Report (3D post processing)
- Dose report and/or Patient Protocol Page



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## CALCIUM SCORE **SPIRAL** SCAN PROTOCOL

Scanner	Perspective	Definition AS 40	Definition AS 64	Scanner	Optima 660
Scan Type	Axial	Axial	Axial	Scan Type	Axial
Detector Configuration	32 x 1.2	32 x 1.2	16 x 1.2	Detector Coverage (mm)	40
Rotation Time (sec)	0.6	0.3	0.3	Rotation Time (sec)	0.4
Feed		17	17	Rows	32
Scan FOV	Large	Large	Large	Mode	8i
CareDose4D	On	On	On	Interval	20
Quality ref mAs	70	50	50	Scan FOV	Large Body
kVp	110			Auto mA range	100-500
ref kVp		120	120	kVp	120
Optimize Slider position		3	3	Smart mA	On
				Noise Index	15
				ASIR	40%
<b>Recon 1 ST Axial</b>					
Kernel	B35s Medium	B35f Medium	I30f Med Smooth		
Window	Mediastinum	Mediastinum	Mediastinum		
SAFIRE/ADMIRE	0	0	2	<b>Recon 1 ST Axial</b>	
Slice Thickness (mm)	3	3	3	Algorithm	Standard
Slice Increment (mm)	3	3	3	Window Width/ Level	400/ 40
				Slice Thickness (mm)	2.5
				Slice Increment (mm)	2.5
				Type	Plus
				ASIR	SS40

## CALCIUM SCORE **SEQUENTIAL** SCAN PROTOCOL

Scanner	Perspective	Definition AS 40	Definition AS 64	Scanner	Optima 660
Scan Type	Axial	Axial	Axial	Scan Type	Axial
Detector Configuration	32 x 1.2	32 x 1.2	16 x 1.2	Detector Coverage (mm)	40
Rotation Time (sec)	Quick 0.41s	0.3	0.3	Rotation Time (sec)	0.4
Feed		17	17	Rows	32
Scan FOV	Large	Large	Large	Mode	8i
CareDose4D	On	On	On	Interval	20
Quality ref mAs	70	50	50	Scan FOV	Large Body
kVp	130			Auto mA range	100-500
Cycle	2.5	120	120	kVp	120
Optimize Slider position		3	3	Smart mA	On
				Noise Index	15
				ASIR	40%
<b>Recon 1 ST Axial</b>					
Kernel	B35 Heart View	B35f Medium	I30f Med Smooth		
Window	Cardiac	Mediastinum	Mediastinum		
SAFIRE/ADMIRE	0	0	2	<b>Recon 1 ST Axial</b>	
Slice Thickness (mm)	3	3	3	Algorithm	Standard
Slice Increment (mm)	3	3	3	Window Width/ Level	400/ 40
				Slice Thickness (mm)	2.5
				Slice Increment (mm)	2.5
				Type	Plus
				ASIR	SS40

*\*Protocol designed to minimize the amount of radiation while maximizing the yield and produce diagnostically acceptable image quality*



CTDI: ~15-20 mGy per acquisition

Setup: IV access to be obtained in arm contra-lateral to patient's symptoms. Place patient in the flat sponge on table top, arms down in neutral position. Scout from base of skull through mid-chest.

DFOV: Appropriate for patient's body habitus (Use same DFOV as prior exam when available)

**Scan Parameters:** [\(IV Contrast Dose Chart\)](#)

- Scan aortic arch thru C2
- Include opposite edge of spine through humeral head on side of interest
- 45 second scan delay after start of contrast @ 4ml/sec

**PACS Series in order as performed:**

- Topogram
- 1x1 Axial ST
- 3x3 Axial Lung
- 1x1 Coronal MIP
- 1x1 Sagittal MIP
- Dose report and/or Patient Protocol Page



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## BRACHIAL PLEXUS SCAN PROTOCOL

Scanner	Perspective	Definition AS 40	Definition AS 64	Scanner	Optima 660
Scan Type	spiral	spiral	spiral	Scan Type	spiral
Detector Configuration	32 x 0.6	32 x 0.6	32 x 0.6	Detector Coverage (mm)	40
Rotation Time (sec)	0.6	0.6	0.6	Rotation Time (sec)	0.8
Pitch	0.6	0.6	0.6	Pitch	0.984:1
Scan FOV	Large	Large	Large	Speed (mm/rot)	39.37
CareDose4D	On	On	On	Scan FOV	Large Body
Quality ref mAs	90	90	90	Auto mA range	100-500
kVp	110			kVp	120
ref kVp		120	120	Smart mA	On
Optimize Slider position		3 w/o contrast	3 w/o contrast	Noise Index	15
Optimize Slider position		7 w/ contrast	7 w/ contrast	ASIR	50%
<b>Recon 1 ST Axials</b>				<b>Recon 1 ST Axials</b>	
Kernel	I41s Medium +	I41s Medium +	I41s Medium +	Algorithm	Standard
Window	Abdomen	Abdomen	Abdomen	Window Width/ Level	450/ 35
SAFIRE/ADMIRE	2	2	2	Slice Thickness (mm)	5
Slice Thickness (mm)	1	1	1	Slice Increment (mm)	5
Slice Increment (mm)	1	1	1	Type	Full
				ASIR	SS50
<b>Recon 2 Lung</b>				<b>Recon 2 Lung</b>	
Kernel	I80s Very Sharp	I70f Medium	I70f Medium	Algorithm	Lung
Window	Lung	Lung	Lung	Window Width/ Level	450/ 35
SAFIRE/ADMIRE	0	2	2	Slice Thickness (mm)	5
Slice Thickness (mm)	3	3	3	Slice Increment (mm)	5
Slice Increment (mm)	3	3	3	Type	Full
				ASIR	SS10
<b>Coronal/ Sagittal MIP</b>				<b>Recon 3 Reformats</b>	
Kernel	I41s Medium +	I41f Medium +	I41f Medium +	Algorithm	Standard
Window	Abdomen	Abdomen	Abdomen	Window Width/ Level	450/ 35
SAFIRE/ADMIRE				Slice Thickness (mm)	1.25
Slice Thickness (mm)	1	1	1	Slice Increment (mm)	0.625
Slice Increment (mm)	1	1	1	Type	Full
				ASIR	SS50

CTDI:  $\leq 25$  mGy per acquisition

See [Oral Contrast Guidelines](#) and [Patient Positioning](#) for additional information

Setup: Scout from above the diaphragm through the through the Aortic Bifurcation

DFOV: Appropriate for patient's body habitus (Use same DFOV as prior exam when available)

### Possible Indications

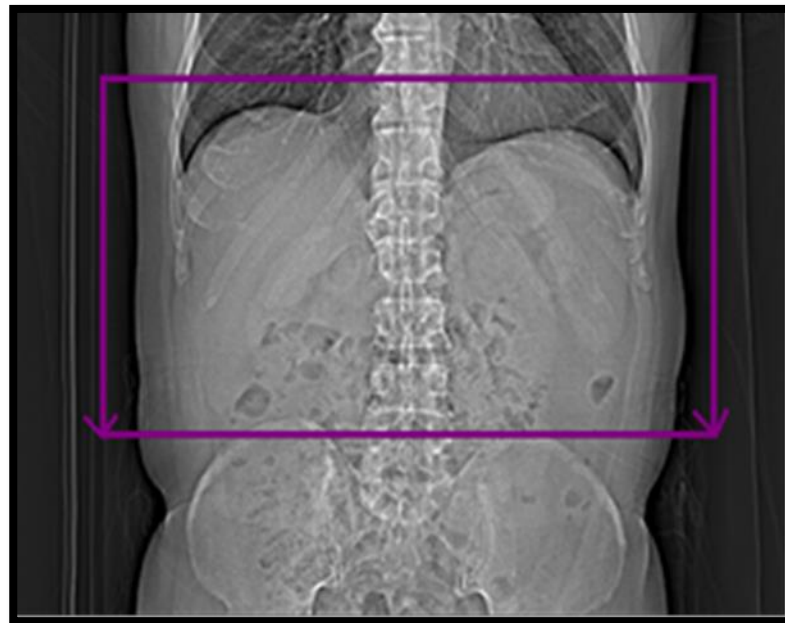
- Research protocol request only

### Scan Parameters:

- Noncontrast Axial
  - Above the Diaphragm thru Aortic Bifurcation

### PACS Series in order as performed:

- Topogram
- 1x1 Noncontrast Axial
- 1x1 Noncontrast Coronal
- 1x1 Noncontrast Sagittal
- Dose report and/or Patient Protocol Page



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## ADRENAL SCAN PROTOCOL

Scanner	Perspective	Definition AS 40	Definition AS 64	Scanner	Optima 660
Scan Type	Spiral	Spiral	Spiral	Scan Type	Spiral
Detector Configuration	32 x 0.6	32 x 1.2	64 x 0.6	Detector Coverage (mm)	40
Rotation Time (sec)	0.6	0.6	0.5	Rotation Time (sec)	0.8
Pitch	0.6	1	1	Pitch	0.984:1
Scan FOV	Large	Large	Large	Speed (mm/rot)	39.37
CareDose4D	On	On	On	Scan FOV	Large Body
Quality ref mAs	100	100	100	Auto mA range	100-500
kVp	110			kVp	120
ref kVp		120	120	Smart mA	On
Optimize Slider position		3 w/o contrast	3 w/o contrast	Noise Index	15
Optimize Slider position		7 w/ contrast	7 w/ contrast	ASIR	50%
<b>Recon 1 ST Axials</b>				<b>Recon 1 Noncon</b>	
Kernel	I41s Medium +	I41f Medium +	I41f Medium +	Algorithm	Standard
Window	Abdomen	Abdomen	Abdomen	Window Width/ Level	450/ 35
SAFIRE/ADMIRE	2	2	2	Slice Thickness (mm)	1.25
Slice Thickness (mm)	1	1	1	Slice Increment (mm)	1.25
Slice Increment (mm)	1	1	1	Type	Full
				ASIR	None
<b>Coronal/ Sagittal</b>				<b>Recon 2 Reformats</b>	
Kernel	I41s Medium +	I41f Medium +	I41f Medium +	Algorithm	Standard
Window	Abdomen	Abdomen	Abdomen	Window Width/ Level	450/ 35
SAFIRE/ADMIRE	2	2	2	Slice Thickness (mm)	1.25
Slice Thickness (mm)	1	1	1	Slice Increment (mm)	0.625
Slice Increment (mm)	1	1	1	Type	Full
				ASIR	SS50

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## Quick Tips

### **CT Calcium scoring**

No heart stents or pacemaker

**can self-refer if:** males must be 40-65, women must be 45-70 **PLUS** one of the following:

+family history heart disease

Diabetes

obesity

current smoker

+hypertension or high cholesterol

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### **Lung cancer screening**

-age 50-77 (Medicare) 50-80 (Commercial)

-must have counseling and lung cancer form completely filled out

-Asymptomatic

-20 pack years or greater

-current smoker or quit within 15 YRS

-not currently under treatment for lung cancer

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4D neck need US and SPECT or RAD permission prior

**IDTF sites-** WMC, SW, RCP, GTN

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## ISTAT indicators

Known chronic kidney disease (CKD)

Remote history of AKI Dialysis

Kidney surgery

Kidney ablation

Albuminuria

History of diabetes mellitus

Metformin or metformin containing drug combinations

	<b>Low Risk</b>	<b>At Risk</b>
<b>eGFR</b>	<b>≥30 mL/min/1.73m<sup>2</sup></b>	<b>≤29 mL/min/1.73m<sup>2</sup></b>
<b>Contrast administration</b>	Administer	<i>Radiologist determination required</i>
<b>Contrast</b>	<i>Omnipaque</i>	<i>Radiologist determination required</i>
<b>Oral hydration</b>	Encouraged	
<b>IV hydration</b>	At radiologist's discretion in conjunction with patient's nephrologist	
<b>Dialysis patients</b>	Dialysis will be directed by the patient's nephrologist	
<b>Intermittent Dialysis</b>	Alternative imaging studies not requiring contrast media should be considered	

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# Protocol Review

CT Protocols are reviewed by the Radiation Safety Protocol Committee.

Committee members consists of ARA Radiation Safety Officer, Radiologists, ARA Outpatient Imaging Center Directors, Manager of Quality, Safety and Risk Management and Lead CT Technologists

Protocol(s) Review Date
09/04/2024

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